

# David Onks of Sparked Professional Coaching to be Featured on Close Up Radio

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/EINPresswire.com/ -- Many business leaders struggle to find work-life balance. But what is work-life balance? After all, you only have one life, and there's more to life than just work.

Creating awareness for one's goals in life makes it easier to identify activities that are not aligned, or out of balance, to their personal vision. This individualized approach creates a personal framework to catalyze executives and leaders to be their best. How are you aligned with your vision and being your best self?

David Onks is an executive coach and the founder of Sparked Professional Coaching. David has a passion for helping others find their true talents, aligning those to their definition of success, and leveraging that synergy to reach their highest potential as leaders.



"I love to help people and reach those Aha! moments where they understand what it is they need to do to deliver," says David. "It's really about understanding the root causes of what's holding people back. And once they start to understand that habits can be changed towards leadership."

With his extensive experience as a leader for global organizations in the pharmaceutical industry, David helps his clients craft a plan and provide the tools they need to become a more balanced, confident and effective leaders. His "whole experience" coaching style helps his clients identify ways to become more productive, innovative and successful, not only in the workplace, but also in their personal lives.

"People jump on that hamster wheel and they just start running," says David. "I want to help people figure out where they are running. It took me 20 to 25 years in my corporate life to figure out what I wanted to be when I grew up, and that is still evolving. My goal is to just challenge people to think about their legacy, what is success, then help them achieve."

David's passions outside coaching are farming and the outdoors. He has a unique way of incorporating the farm into his coaching sessions, drawing comparisons between work on a farm to corporate leadership.

"A tree that's had freezing rain fall on it over a period of time reaches the breaking point and snaps. People relate to this as strong metaphor for stress. Whether it's harvesting crops, foraging mushrooms, or the culture of honeybees, it creates a metaphor that aligns with business and life in general. My clients enjoy going on the journey with me."

Close Up Radio will feature David Onks in an interview with Jim Masters on March 23rd at 11am EST and with Doug Llewelyn on March 30th at 11am EST.

Listen to the show on [BlogTalkRadio](#)

If you have any questions for our guest, please call (347) 996-3389

For more information visit [www.sparkedllc.com](http://www.sparkedllc.com)

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The logo for 'sparked' features the word in a lowercase, sans-serif font. To the right of the 'd' is a small, stylized starburst or spark icon composed of several short, colored lines radiating from a central point.

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