

Prevention Strategies Announces Well-Being Initiatives for Esports Athletes

Prevention Strategies announced three new initiatives to address the well-being of esports athletes.

GREENSBORO, NC, UNITED STATES, March 23, 2021 /EINPresswire.com/ -- [Prevention Strategies](#), the commercialization partner to the [Institute to Promote Athlete Health and Wellness](#) at [UNC Greensboro](#), recently announced several health and well-being initiatives directed at esports student-athletes.



With the exponential growth of esports, there is a tremendous opportunity and need to examine the unique well-being challenges facing esports student-athletes.”

David Wyrick, PhD

The company is focusing its current efforts into esports around three key initiatives.

Prevention Strategies submitted a research grant proposal to the National Institutes of Health (NIH), “Addressing Risk in the New Frontier of Athletics: Design and Development of an Online Substance Use Prevention Program for Esports Athletes”, to develop and evaluate an online

intervention to prevent PED use (i.e. stimulants) among collegiate esports student-athletes. This proposal is scheduled to be reviewed in April.

In partnership with Participate, a leading expert in community-based learning, Prevention Strategies is developing a certificate program for high school esports coaches on critical topics related to the well-being of esports athletes including best practices for promoting well-being (e.g., athlete-centered communication skills).

In partnership with NORC at the University of Chicago, Prevention Strategies developed a survey to assess the mental health and overall well-being of collegiate esports athletes. The esports Athlete Mental well-being Study (TEAMS) will include a national sample of esports athletes competing in various leagues and competitions.

Prevention Strategies translates prevention science into evidence based programs that improve the health and well-being of student-athletes and young adults.

Shane Stadler
Prevention Strategies
+1 336-269-0004

[email us here](#)

Visit us on social media:

[Twitter](#)

[LinkedIn](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/537327762>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2021 IPD Group, Inc. All Right Reserved.