

Health Council of West Central FL Announces Free Webinar Series on Social Determinates of Health and Health Equity

Starting April 27th, The Health Council of West Central Florida Offers a Series of six, 90-minute Webinars

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Beginning on April 27th, The [Health Council of West Central Florida](#) will offer a series of six, 90-minute webinars entitled "[Eyes on Equity through the Social Determinates of Health](#)" The webinars will explore how health is affected by many factors beyond genetics or healthcare.

Social determinates of health describe the phenomenon of how social constructs can impact health in ways that may be unfair or unjust for certain groups within a population. Social and economic disadvantages such as poverty, lack of educational opportunity, food insecurity, environmental or neighborhood crime can result in poor health outcomes and health disparities.

"Achieving health equity requires fundamental change across multiple systems and at different levels. Moving toward equity requires collaboration and systems change. We want to encourage that collaboration in the Tampa Bay area by providing an opportunity for participants to develop a knowledge base and begin conversations across the systems", said Teresa Kelly, Executive Director of the Health Council of West Central Florida.



Dr. Hernandez is a pediatrician with expertise in primary care, underserved populations, and obesity medicine. Her early research efforts targeted understanding disparities in pediatric obesity among Latino and African American preschoolers.

Date : 4/27/21

Introduction to Health Equity and the Social Determinates of Health

Date: 5/14/21

Role of Bias in the Social Determinates of Health

Date: 6/11/21

Social Determinants of Health and the Consequences of Inequitable Access to Healthcare

Date:7/9/21

Inequitable Economic Determinants of Health

Date: 8/13/21

The Role of Trauma and Systemic Racism in Health Outcomes □

Date: 9/15/21

The Next Steps for a Cross-Sector Approach to Health Equity Leading to System-Wide Progress

Advance registration is required and limited to 100 participants. All sessions are from Noon to 1:30 PM EST.

[TO REGISTER follow this link.](#)

ABOUT SESSION ONE, April 27th:

Eyes on Equity through the Social Determinants of Health

Presenter: Raquel G. Hernandez, MD, MPH, FAAP

Dr. Hernandez is an Assistant Professor of Pediatrics in the Johns Hopkins University School of Medicine based at Johns Hopkins All Children's Hospital in St. Petersburg, Florida. At JHACH, Dr. Hernandez serves as the director of the Johns Hopkins All Children's Program in Pediatric Health Equity Research (PHER) as well as the medical director of the Healthy Weight Initiative. She completed her medical degree, pediatric residency and general academic pediatric fellowship at the Johns Hopkins University School of Medicine in Baltimore, MD and completed a master's in public health with an emphasis on nutrition at the Johns Hopkins Bloomberg School of Public Health.

Dr. Hernandez is a pediatrician with expertise in primary care, underserved populations, and obesity medicine. Her early research efforts targeted understanding disparities in pediatric obesity among Latino and African American preschoolers. Here she was able to describe the critical role of parental expectations surrounding early childhood growth as well as describe the



The Health Council of West Central Florida is committed to assessing the health status and resources of area residents and assisting communities with solutions to meet emerging needs.

influence of provider-based counseling among immigrant, limited English proficient families.

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