



# Parkinson & Movement Disorder Alliance Launches Live It Up™ In-Person Events

*Committed to providing connection, non-profit kicks off in-person series with social distancing in mind*

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Parkinson & Movement Disorder Alliance is committed to meeting people where they are at in their movement disorder journey. COVID-19 has truly challenged the way we all connect on a day-to-day basis but PMD Alliance continues to pilot and test programs that move the needle on care, treatment, education and connection.

“We like to pilot things. We test and we learn. The most important thing for us is that we are constantly meeting people where they are at. We are hearing that some of our community is ready to be together again, in person, and we want to be there as our folks transition into this new normal,” says CEO Sarah Jones.

After consulting with movement disorder specialists from all over the country and collecting their recommendations for their patients, PMD Alliance has created an experience that will not only fill your heart mind and soul but have your safety in mind. The in-person event series will continue with two programs in Florida:

May 14: Pensacola at Ascension Sacred Heart Rehabilitation Services at Grande Drive

May 21: Tampa at Macfarlane Park

Here’s what people can expect at the events:

Attendance capped at 30

Masks will be required

Chairs will be placed six feet apart

Hand sanitizer and extra masks will be accessible throughout the event

To reduce the spread of germs, there will be no exhibit tables. Rather, bags that have been prepackaged with caution prior to the event will be handed out to attendees

“We know that people with social connection live 20% longer. We are seeing that the lack of social connection has a real impact on quality of life. We want people to at least be able to have eye contact in person, not just through Zoom,” says Jones.

For more information on how you can become involved with these events, or to take advantage of any of PMD Alliance’s other free programs, visit the “Programs” section of their website at [www.pmdalliance.org](http://www.pmdalliance.org).

#### About Parkinson & Movement Disorder Alliance

Parkinson & Movement Disorder Alliance is an independent, national nonprofit dedicated to providing opportunities for people to learn, live more fully and spark meaningful connections around them. PMD Alliance serves people across the United States and is not affiliated with any medical practice or institution. PMD Alliance is committed to keeping our community safe and healthy.

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