

Beer, Marijuana, and Xanax Most Frequently Abused Substances by Unemployed During COVID-19 Pandemic

470 of the 600 Unemployed Respondents Revealed One or More Addiction Related Symptoms

CHESTERFIELD, MISSOURI, UNITED STATES, April 28, 2021 /EINPresswire.com/ -- Authentic Strategic Partners today announced summary results from a substance and alcohol abuse study



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Dr. Richard E. Hunter

among unemployed individuals during COVID-19.

Rampant unemployment in the United States brought on by the COVID-19 pandemic has had an enormous detrimental effect on the financial well-being of millions of Americans and their families. Personal concerns about these financial disruptions and social isolation as a precaution against the pandemic have heightened stress particularly among vulnerable groups like the unemployed. High stress situations are known triggers for maladaptive coping behaviors like use/overuse of alcohol, prescriptions medications, and street drugs. This study of 600

unemployed individuals found substantial increases in all three categories of mood-altering substances. Beer, [marijuana](#), and [Xanax](#) respectively were the substances most listed in each of the substance abuse categories.

Using adapted addiction symptom measurement items from the most recent Diagnostic and Statistical Manual (DSM-5), the researchers established comparative addiction risk profiles for each substance abuse category.

Richard E. Hunter, Ph.D., the study’s primary author said, “An unduplicated count of symptomatic substance users revealed that a third of the sample can be found in the Mild, Moderate, or High-Risk Groups for substance addiction.”

Further, the results of the study offer preliminary insights into substance abuse patterns across two and even all three of the substance abuse categories.

Authentic Strategic Partners, LLC. is a public relations consultancy with offices in Chesterfield, Missouri and Chapel Hill, North Carolina. Its principals are Richard E. Hunter, Ph.D., and Richard

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