

# NOKI Sparks Meaningful Conversations About Limitations Placed on People with Autism

*This empowering story from Douglas Farrago, MD, is about a young man with autism who must fight the system to become a professional boxer.*

FOREST, VIRGINIA, UNITED STATES, May 18, 2021 /EINPresswire.com/ -- It's a struggle that parents of children with special needs face every day and well into that child's adulthood: how much decision-making latitude is safe?

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*Douglas Farrago, MD*

[NOKI](#) is an empowering story from Douglas Farrago, MD, about a young man with autism who wants to become a professional boxer. Life's circumstances have dictated the reason for him choosing this path. The lawless world of boxing has its reasons for embracing Noki and his abilities. And they are not good ones. So, the debate wages on:

Should Noki be allowed to make the life-altering decision to enter the ring and put his life on the line?

Meanwhile, what few know is that Noki is actually a savant and can imitate and transform himself into any legendary boxer he wants — a plot twist that allows NOKI to pay homage to some of the greatest boxers of all time.

Dr. Farrago draws upon his experiences as an All-American collegiate boxer, a sports medicine trainer for professional boxers in Houston and his decades-long career in medicine during which he worked with autism patients to lend authenticity to his characters and narrative.

“Noki becomes somewhat of a hero to those with special needs in this story, which I think is pretty cool,” he said. “I felt it would be nice if a story showed that those with autism don't need to be anything but themselves, and maybe it is the rest of us who need to change.”

Ultimately, NOKI is a heartwarming story that will spark real conversations about the limits that society places on people with special needs. Knowingly or not.

Author Douglas Farrago, MD, is board certified in the specialty of Family Practice. Recently retired, he had a large following of autistic and special needs patients in his career. Dr. Farrago is

the inventor of the [Knee Saver](#), which is currently in the Baseball Hall of Fame. The Knee Saver and its knock-offs are worn by many major league baseball catchers. He also invented the [CryoHelmet](#), used by athletes for head injuries as well as migraine sufferers.

Dr. Farrago received his Bachelor of Science from the University of Virginia in 1987, his Master of Education degree in Exercise Science from the University of Houston in 1990 and his Medical Degree from the University of Texas at Houston in 1994. His residency training occurred way up north at the Eastern Maine Medical Center in Bangor. Dr. Farrago still blogs every day on his website <http://Authenticmedicine.com> and lectures worldwide about the present crisis in our healthcare system and the effect it has on the doctor-patient relationship. Dr. Farrago has written six books to date, his latest one being NOKI.

For more information about NOKI and the author, please visit <http://letnokibox.com/>.

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