

# Brilliant Miller Releases Video Podcast Interview with Don Miguel Ruiz Jr

*Don Miguel Ruiz Jr is the author of five books, including his latest publication [The Seven Secrets To Healthy Happy Relationships](#).*

SANDY, UT, UNITED STATES, June 4, 2021 /EINPresswire.com/ -- Don belongs to a family with a rich heritage in the Mexican Toltec tradition. Having learned the tradition from the teachings and preachings of his grandmother, Don now dedicates his life to helping others heal from the wounds that conditional love inflicted upon them. He is the author of five books, including his latest publication [The Seven Secrets To Healthy Happy Relationships](#).

In this [interview](#) for the [School for Good Living](#) Podcast, Don Miguel Ruiz Jr joins [Brilliant](#) Miller to discuss the

importance and power of unconditional love, a mission that he and his family have been dedicated to for generations. They talk about domestication, and how we can influence the person we become; the idea of commitment and love, and how you can better love others

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Whenever I judge someone, I'm punishing them for an agreement they never made.”

*Don Miguel Ruiz Jr*

unconditionally; the difference between guilt and remorse and how it relates to forgiveness; the definition of love, and it's wide array of applications. Lastly, Don shares his insights on the creative process and what it takes to get a book written.

Topics Discussed:  
• Toltec traditions

• Domestication



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Brilliant Miller Headshot

- Living into your potential
- What love is
- Condition vs unconditional love
- Difference between guilt and remorse
- Commitment

Watch the interview on YouTube

<https://youtu.be/-lrpDf6P7X4> and the audio version is available on Apple

Podcasts

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Visit the Don Miguel Ruiz Jr guest page at <https://goodliving.com/guests/don-miguel-ruiz-jr/> and the podcast interview page at <https://goodliving.com/podcasts/the-seven-secrets-to-healthy-happy-relationships/>.

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