

ANZAR The Progenitor

A true memoir of contact with an ancient alien mystic

By Bruce Olav Solheim Ph. D

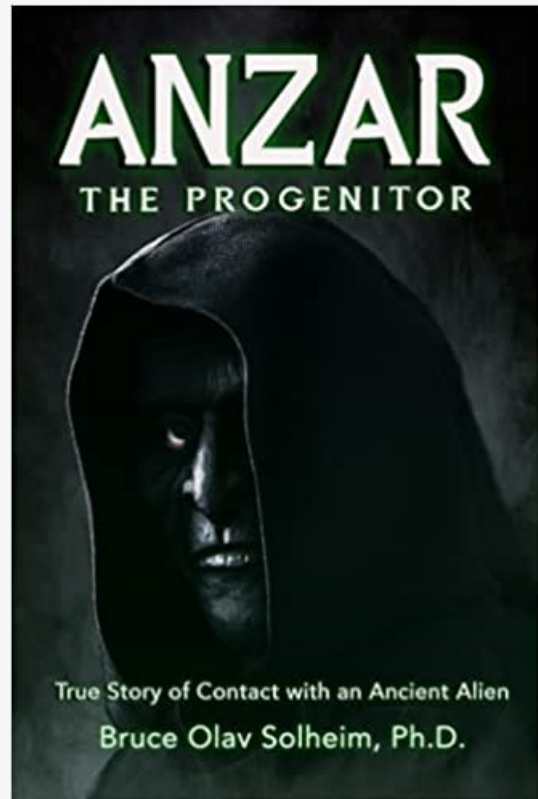
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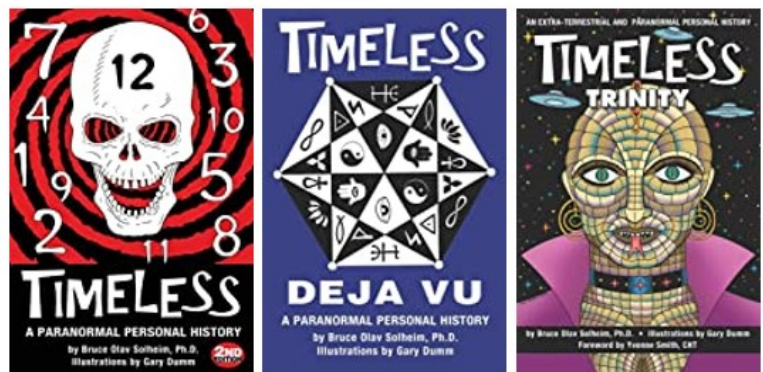
Available in print and E-Book across all platforms

Anzar is an ancient alien mystic whom I have known most of my life and have been in weekly direct contact with since 2018. Anzar the Progenitor documents my spirit communication with this ancient alien, including his prophecies, sage advice, and commentary on the world. The book has extensive endnotes and includes my research on the nature of this communication through mediumship and my theory of how the alien world, the spirit world, and the quantum world are the same—a quantum nexus. We can no longer wait for government disclosure about UFOs and aliens. The time has come for personal revelation through a leap of consciousness in a new Era of Reconversion. We are all related and we are the aliens.

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Anzar The Progenitor



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“Within the pages of this fascinating book cum journal, Bruce tiptoes into the realm of alien life, the visits from ‘out there’ to this planet – to Bruce Solheim. Aided by the illustrations of artist Gary Dumm, his experiences range from the year 1964 to the present, and it is his polished skill of communicating ‘scientifically’ (complete with quotes from important voices) as well as ‘paranormally’ that suffuses the veracity of his prose. He invites the reader into the ‘unknown’ and is able to bring belief, and acceptance, of his myriad possibilities, realizing that the spirit world,

the alien world, and the quantum world are all the same. This is a very fine exploration of a more expansive ‘reality.’ It is bracing, challenging - and reassuring!” _ Grady Harp, Reviewer with Top Shelf Magazine

About Bruce:

Bruce Olav Solheim was born in Seattle, Washington, to Norwegian immigrant parents. Bruce was the first person in his family to go to college. He served for six years in the US Army as a jail guard and later as a helicopter pilot and is a disabled veteran. Bruce earned his Ph.D. in history from Bowling Green State University in 1993. Bruce is a distinguished professor of history at Citrus College in Glendora, California. He was a Fulbright Professor and Scholar in 2003 at the University of Tromsø in Norway. Bruce has published twelve books and has written ten plays, five of which have been produced. The Bronze Star won two awards from the Kennedy Center American College Theatre Festival. The Epiphany was commissioned by the Kingdom of Norway and funded for a full production run with the original American cast. Bruce founded the veterans program at Citrus College and cofounded Boots to Books, the nation’s first college-credit transition course for veterans. Bruce is also a co-founder of Lockdown Theatre, which has produced three streamplays (online, live, remote actors) during the COVID-19 pandemic. He has published a trilogy of non-fiction paranormal books: Timeless, Timeless Deja Vu, and Timeless Trinity. Bruce has also published a comic book and a graphic novel featuring an alien hybrid character named Snarc. He has been on Coast to Coast several times and was a featured speaker at Contact in the Desert. Bruce is married to Ginger and has four children and two grandsons



Bruce Olav Solheim P.H.D.

Bruce is available for interviews, media appearances, speaking engagements, and/or book review requests - please contact mickey.creativeedge@gmail.com by email or by phone at 403.464.6925.

We look forward to hearing from you about coverage!

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