

# Connecticut Celebrates Men's Health in June

*Communities Across the Globe Honor Men's Health Month*

CONNECTICUT, UNITED STATES, June 11, 2021 /EINPresswire.com/ -- The state of Connecticut, as well as the cities of [Darien](#), [Middleton](#), [Norwalk](#), and [Stamford](#) have issued proclamations celebrating men's health and fatherhood in June, helping educate men, boys, and their families about disease prevention, timely screenings, healthy lifestyles, and positive family relationships.

Governor Ned Lamont's proclamation can be found [here](#).

The importance of this effort was also highlighted by a statement from the White House.

Raising awareness of the need for men and boys to live healthy lifestyles is critical to their wellbeing. The life expectancy for men is five years less than women, and men also have higher rates of death from cancer, diabetes, and heart disease. Moreover, the Centers for Disease Control and Prevention (CDC) reports women are 100% more likely to visit their doctor for annual exams and preventative services than men.

Report cards on the status of male health in each state can be found at the State of Men's Health website (<http://www.stateofmenshealth.com/>). Proclamations from cities and states be found at [www.MensHealthMonth.com](http://www.MensHealthMonth.com)

"On behalf of the Town of Darien, I'm very pleased to acknowledge the importance of men's health not only during the month of June but each and every day," said Darien Mayor Jayme Stevenson. "This past year of suffering from the impacts of COVID-19 has been a profound reminder of the importance of good health and wellness for everyone! I'm grateful to the Men's Health Network for raising awareness on behalf of all the men in my family and our



community.”

“The City of Middletown is proud to recognize June as Men’s Health Month each year, and we are grateful for the good work done by the Men’s Health Network and partner organizations to help men and boys in our community become informed and proactive about their health and wellbeing,” said Middletown Mayor Ben Florsheim. “After more than a year of dealing with a worldwide pandemic, we have seen in very real ways how knowledge and awareness around these issues is essential-- not just for healthy individuals, but for healthy communities as well.”

“We applaud officials in their states for helping raise awareness of the health issues facing men and their families by recognizing this year’s men’s health awareness period,” said Ana Fadich Tomsic, MPH, CHES, Vice President, Men’s Health Network. “Communities around the globe continue to promote the health and well-being of men and boys throughout the month of June. We hope this year’s awareness period will help men and their families be more mindful of their health starting with a doctor’s appointment.”

Across the country, hundreds of health care professionals, private corporations, faith-based organizations, community groups, and other interested organizations help plan activities and events that focus on men’s health during June, and throughout the year. On June 18, MHN encourages participation in using the #ShowUsYourBlue hashtag on social media where participants raised awareness about men’s health issues by Wearing BLUE.

For ideas and free resources in both English and Spanish, visit [www.MensHealthMonth.org](http://www.MensHealthMonth.org)

Men’s Health Month grew out of National Men’s Health Week, which was enacted by Congress. The legislation was sponsored by Senator Bob Dole and Congressman Bill Richardson and was signed into law by President Bill Clinton on May 31, 1994.

Men’s Health Month and Men’s Health Week are organized by Men’s Health Network (MHN), an international non-profit organization whose mission is to reach men, boys, and their families where they live, work, play, and pray with health prevention messages and tools, screening programs, educational materials, advocacy opportunities, and patient navigation. Learn more about MHN at [www.menshealthnetwork.org](http://www.menshealthnetwork.org) and follow them on Twitter @MensHlthNetwork



and Facebook at [www.facebook.com/menshealthnetwork](https://www.facebook.com/menshealthnetwork). For more information on MHN's ongoing Dialogue on Men's Health series, visit [www.dialogueonmenshealth.com](https://www.dialogueonmenshealth.com) ###

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