

Michigan Celebrates Men's Health in June

Communities Across the Globe Honor Men's Health Month

MICHIGAN, UNITED STATES, June 22, 2021 /EINPresswire.com/ -- The state of Michigan, as well as cities [Battle Creek](#), Farmington Hills, Rochester Hills, and [Warren](#), has issued a proclamation celebrating men's health and fatherhood in June, helping educate men, boys, and their families about disease prevention, timely screenings, healthy lifestyles, and positive family relationships.

The proclamations can be found [here](#).

The importance of this effort was also highlighted by a statement from the White House.



Raising awareness of the need for men and boys to live healthy lifestyles is critical to their wellbeing. The life expectancy for men is five years less than women, and men also have higher rates of death from cancer, diabetes, and heart disease. Moreover, the Centers for Disease Control and Prevention (CDC) reports women are 100% more likely to visit their doctor for annual exams and preventative services than men.

Report cards on the status of male health in each state can be found at the State of Men's Health website (<http://www.stateofmenshealth.com/>). Proclamations from cities and states be found at www.MensHealthMonth.com

"The City of Farmington Hills is proud to offer our support every year for the vital work of the Men's Health Network. This ties in with our own efforts to encourage our residents to maintain a healthy lifestyle and take advantage of our city's many parks and recreation facilities that encourage getting outdoors, exercising, and enjoying nature – which are all an important part of physical and mental health" said Mayor Vicki Barnett.

"The City of Rochester Hills supports Men's Health Network's efforts to promote awareness of men's health issues and the importance of preventative health care for men. Positive health attitudes and preventative health practices can significantly improve, and many times even save, the lives of men in our neighborhoods and in yours" said Mayor Bryan Barnett.

"With the pandemic challenges that we all face, men increasingly forget to visit a doctor and are less inclined to watch their diet. This has resulted in avoidable deaths and illnesses that sideline men from life and financial productivity. The five-year mortality gap between men and women could be overcome if men would pay more attention to how they feel and what they eat and drink," said Warren Mayor Jim Fouts.



"We applaud officials in their states for helping raise awareness of the health issues facing men and their families by recognizing this year's men's health awareness period," said Ana Fadich, MPH, CHES, Vice President, Men's Health Network. "Communities around the globe continue to promote the health and well-being of men and boys throughout the month of June. We hope this year's awareness period will help men and their families be more mindful of their health starting with a doctor's appointment."

Across the country, hundreds of health care professionals, private corporations, faith-based organizations, community groups, and other interested organizations help plan activities and events that focus on men's health during June, and throughout the year. On June 18, MHN encourages participation in using the #ShowUsYourBlue hashtag on social media where participants raised awareness about men's health issues by Wearing BLUE.

For ideas and free resources in both English and Spanish, visit www.MensHealthMonth.org

Men's Health Month grew out of National Men's Health Week, which was enacted by Congress. The legislation was sponsored by Senator Bob Dole and Congressman Bill Richardson and was signed into law by President Bill Clinton on May 31, 1994.

Men's Health Month and Men's Health Week are organized by Men's Health Network (MHN), an international non-profit organization whose mission is to reach men, boys, and their families where they live, work, play, and pray with health prevention messages and tools, screening

programs, educational materials, advocacy opportunities, and patient navigation. Learn more about MHN at www.menshealthnetwork.org and follow them on Twitter @MensHlthNetwork and Facebook at www.facebook.com/menshealthnetwork. For more information on MHN's ongoing Dialogue on Men's Health series, visit www.dialogueonmenshealth.com

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