

# Brilliant Miller Releases Video Podcast Interview with David McRaney

*David and Brilliant discuss the phenomenon of self-delusion, how each of us sees the world differently, and how our experiences change how we view the world.*

SANDY, UT, USA, July 7, 2021

/EINPresswire.com/ -- David McRaney has worked as an editor, a photographer, a voiceover artist, a television host, a public speaker, a TV producer, and a journalist. David, being a deeply intelligent and thoughtful man, has focused his work on revealing the self-delusions and cognitive biases by which we live our lives. He has written a book called *You Are Not So Smart* and also runs a blog and podcast by the same name to help provide the world with his findings.



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School for Good Living Logo



Brilliant Miller Headshot

In this [interview](#) for the [School for Good Living](#) Podcast, David joins [Brilliant](#) Miller to discuss this phenomenon of self-delusion, and how each of us sees the world differently. They talk about how our experiences can change the way we view the world, and his deep desire to better understand and know himself. They also

touch on how he managed to write his last book after his house was hit by a tornado, and other challenges he faced while writing his books.

“

You will find a place in your life where you can extract value from the chaos.”

*David McRaney*

Topics Discussed:

- Our understanding of the world is always changing
- Writing through a tornado

- The powerful influence of PTSD
- How a mindset can help you lose weight

- The wrong way to influence people
- Always challenge your assumptions

Watch the interview on YouTube

<https://youtu.be/0g7r7FAfWJ8> and the

audio version is available on Apple Podcasts

([https://podcasts.apple.com/us/podcasts/school-for-good-living-](https://podcasts.apple.com/us/podcasts/school-for-good-living-podcasts/id1389591902)

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(<https://www.stitcher.com/podcast/school-for-good-living-podcasts>), Google

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(<https://podcasts.google.com/feed/aHR0cHM6Ly9wb2RjYXN0cy5nb29kbGl2aW5nLmNvbS9mZWVklw>), and Spotify (<https://open.spotify.com/show/2gAkcrCqCeit7H4csjdDGd>).

Visit the David McRaney guest page at <https://goodliving.com/guests/david-mcraney/> and the podcast interview page at <https://goodliving.com/podcasts/you-are-not-so-smart/>.

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