



“What has given me the most satisfaction and joy in my life was the experience of caring for my dear husband.”

Published by [Book Vine Press](#), Riach’s new book is framed by her sixteen years as a caregiver to her ailing husband with Parkinson’s disease. It is written to touch the reader’s heart as she explores her personal experience of loss, guilt, loneliness, and entrapment. This book also provides profound answers that can change the readers’ life and usher them into a life of happiness and dignity.

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The quality of your life can be touched by enjoyment and peace instead of sadness and sorrow. Nobody likes to think about sadness, but it is a part of life that you must address at this time.”

*Carleen Breskin Riach, Author*



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