

Brilliant Miller Releases Video Podcast Interview with Todd Rose

Todd and Brilliant discuss the relationship between motivation and the pursuit of happiness, power and productivity, and the writing process.

SANDY, UT, USA, July 13, 2021 /EINPresswire.com/ -- Todd Rose is an extraordinary man. Convinced we has a bad student, he performed poorly in school and even dropped out of college. Little did he know he would later gain a PHD and become a professor at Harvard University. Todd has since been fascinated with the idea of motivation, and founded the nonprofit Populace to help transform how we learn, work, and live to help us live more fulfilling lives.

In this [interview](#) for the [School for Good Living](#) Podcast, Todd joins [Brilliant](#) Miller to discuss the relationship between motivation, and the pursuit of happiness. They talk about the phenomenon of the Dark Horse, a person who finds fulfillment in going against the system, the definition of fulfillment, as well as the power and productivity that comes when we prioritize

fulfillment over other daily motivations. Lastly, they talk about the writing process and how Todd has written his books.

“

There is nothing to be had for you achieving on someone else's view of a good life.”

Todd Rose

Topics Discussed:

- Motivations, what are they?
- Dark Horses and what drives them
- How to understand your micro motivations

- The key to finding fulfillment



SCHOOL FOR
GOOD LIVING

School for Good Living Logo



Brilliant Miller Headshot

- Society is positive-sum
- Ignoring society's definition of a good life

Watch the interview on YouTube

<https://www.youtube.com/watch?v=SxWxvSP7k18> and the audio version is available on Apple Podcasts

(<https://podcasts.apple.com/us/podcast/school-for-good-living-podcasts/id1389591902>), Stitcher

(<https://www.stitcher.com/podcast/school-for-good-living-podcasts>), Google

Podcasts (<https://podcasts.google.com/feed/aHR0cHM6Ly9wb2RjYXN0cy5nb29kbGl2aW5nLmNvbS9mZWVkLw>), and Spotify (<https://open.spotify.com/show/2gAkcrCqCeit7H4csjdDGd>).

Visit the Todd Rose guest page at <https://goodliving.com/guests/todd-rose/> and the podcast interview page at <https://goodliving.com/podcasts/dark-horse-achieving-success-through-the-pursuit-of-fulfillment/>

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