

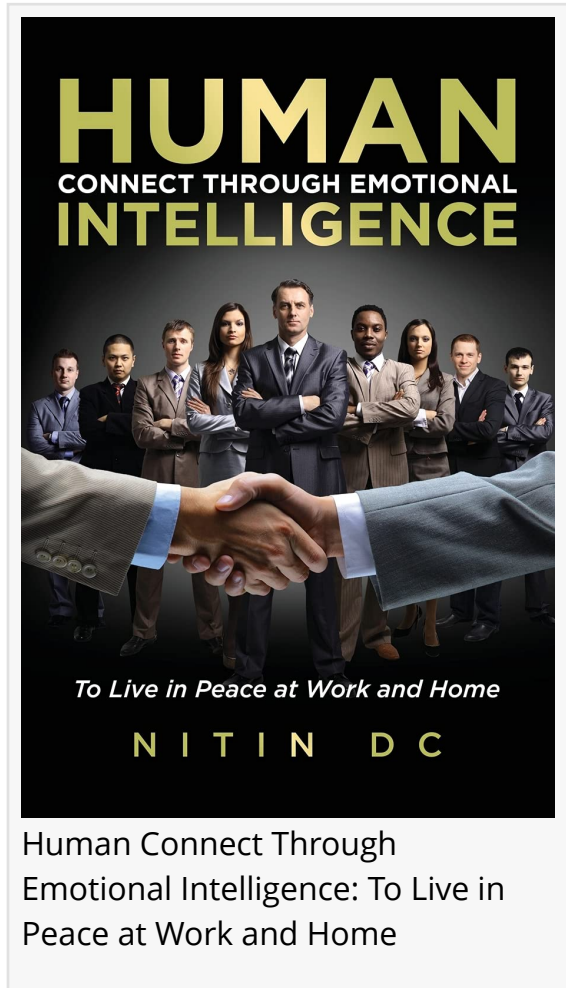
# Inspirational Book Provides Guide to Forging Interpersonal Connections

*Nitin D.C. pens "Human Connect Through Emotional Intelligence" to help attain personal growth*

BANGALORE, KARNATAKA, INDIA, August 5, 2021 /EINPresswire.com/ -- A professional coach and leadership development expert, author [Nitin D.C.](#) has found that in both personal and professional life success comes from building strong relationships with people. Through these connections, people raise one another up, causing a positive feedback loop. With his book, "[Human Connect Through Emotional Intelligence](#)," he provides a guide to help his readers leverage this phenomenon to cultivate positive interpersonal relationships, attain harmony at work and at home, and ultimately improve their lives and attain growth and development.

"Human Connect Through Emotional Intelligence" is an inspirational guide for readers from all walks of life. It is also relevant to careerists in fields such as STEM where interpersonal skills are not as heavily emphasized. In its pages are useful tips for noticing subtle behavioral hints and patterns that can help avoid conflict, establish strong ties with colleagues at work or loved ones at home, and ultimately build good connections with one another. With these tips, readers can immediately use the practical advice and enhance their emotional intelligence to introspect, change their perspectives, gain invaluable insights and become positive influences on others. By learning, understanding and paying attention, cultivating attributes like patience, perseverance and humility, asking the right questions and more as outlined in "Human Connect Through Emotional Intelligence," readers will be able to de-stress and earn the confidence needed to better navigate their social lives and careers.

"To be successful in doing anything in life requires inner peace, this applies even to those high achievers who are finding it difficult to handle success. The mantra for a happy life is inner peace, which you can achieve in simple means by following simple guidelines mentioned in my



book." D.C. says, explaining how building emotional intelligence is instrumental to attaining peace and prosperity in life. "All you need is awareness, by just asking questions to your inner self, where you stand in paying attention to those behavioral aspects and your application of Emotional Intelligence, which can help destress yourself in simple ways."

#### About the Author

Nitin D.C. is a professional coach certified by the ICF and is a leadership development expert at Samsung. He is a post-graduate in Human Resources Management, a graduate in Mechanical Engineering with a post-graduate certificate in Advanced Software Engineering. He has been working for 15 years at Samsung Research in Bangalore.

Recently, he has been working on a book titled "Emotional Intelligence: A Practical Guide to Building Resilience and Achieving Success".

For more information, please visit: <https://lnkd.in/gr56pzw>

BookTrail Agency

BookTrail Agency

+1 888-446-3094

[email us here](#)

Visit us on social media:

[Facebook](#)

[Twitter](#)

[LinkedIn](#)



Nitin D.C.

---

This press release can be viewed online at: <https://www.einpresswire.com/article/548154252>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2021 IPD Group, Inc. All Right Reserved.