

## Author's new book about sensory differences receives a warm literary welcome

*Readers' Favorite announces the 5-star review of the Children's Social Issues book "Wiggles, Stomps, and Squeezes Calm My Jitters Down" by Lindsey Rowe Parker*

MIDLOTHIAN, VA, UNITED STATES, August 6, 2021 /EINPresswire.com/ -- Readers' Favorite is one of the largest book review and award contest sites on the Internet. They have earned the respect of renowned publishers like Random House, Simon & Schuster, and Harper Collins, and have received the "Best Websites for Authors" and "Honoring Excellence" awards from the Association of Independent Authors. They are also fully accredited by the BBB (A+ rating), which is a rarity among Book Review and Book Award Contest companies.

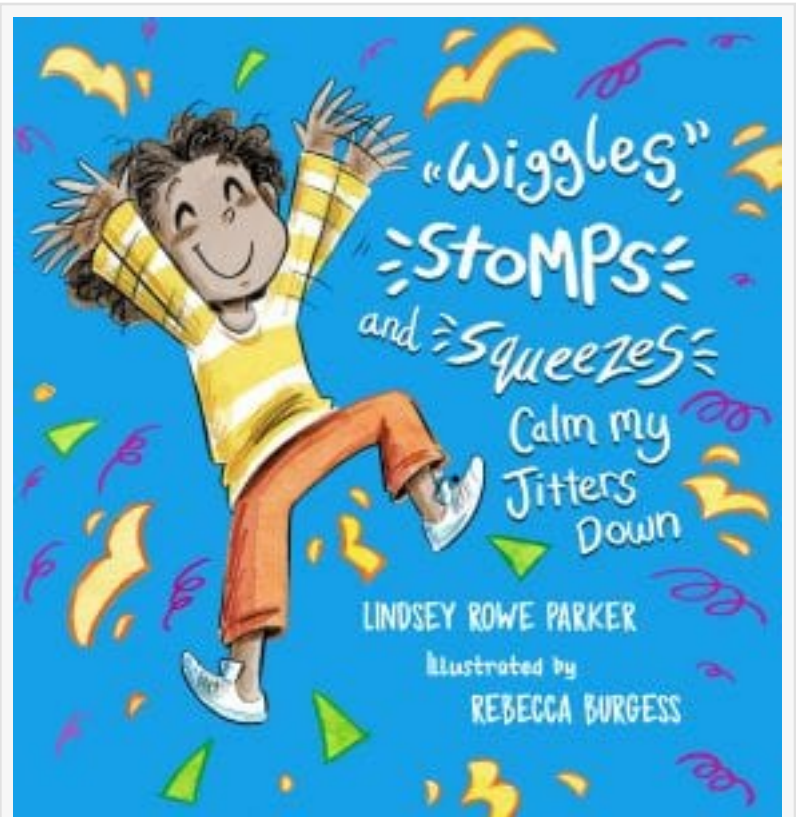
"Reviewed By Emily-Jane Hills Orford for Readers' Favorite. Children's Social Issues book "[Wiggles, Stomps, and Squeezes Calm My Jitters Down](#)" by Lindsey Rowe Parker, illustrated by Rebecca Burgess.



Readers' Favorite announces the 5 star review of the Children - Social Issues book "Wiggles, Stomps, and Squeezes Calm My Jitters Down" by Lindsey Rowe Parker

A little girl can't sit still; it gives her the jitters. She has to run, stomp her feet, tap her spoon on the table during mealtime – there are all kinds of neurosensory actions that calm her nerves, especially for someone who is neurodivergent or even autistic. Lindsey Rowe Parker's debut picture book story, *Wiggles, Stomps, and Squeezes Calm My Jitters Down: A story about sensory differences*, points out that even sand on the hand can cause a near panic attack until the stomping, shaking, or running removes the issue. This little girl needs to feel in control, through her sound actions and constant body motion. And, when things get out of control, like when the sand from the sandbox won't brush off her hands, she panics.

We are constantly being reminded to accept visual differences among our peers, but there are other differences, too, some not as visual or comprehensible. There are many sensory differences that most people fail to recognize or understand. Lindsey Rowe Parker's picture book story, *Wiggles, Stomps, and Squeezes Calm My Jitters Down* tackles the issue of sensory differences. Cleverly, the author takes the young reader on a day's journey through the life of one little girl and all the things she feels compelled to do to calm her jitters. Using simple language and a lot of bold onomatopoeia words to visually express the sounds of things like stomping and tapping, the author has presented these differences in a clear, entertaining way that will also educate young readers so they can understand



*Wiggles, Stomps, and Squeezes Calm My Jitters Down* A story about sensory differences

better what many adults still don't understand – that we are all different, inside and out. The colorful illustrations by autistic illustrator Rebecca Burgess are active and engaging and help carry the story along. The author concludes with the best solution of all: a hug from Mom."

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The author has presented these sensory differences in a clear, entertaining way that will also educate young readers so they can understand... that we are all different, inside and out.”

*Emily-Jane Hills Orford*

You can learn more about Lindsey Rowe Parker and "Wiggles, Stomps, and Squeezes Calm My Jitters Down" at <https://www.wigglesstompsandsqueezes.com/> where you can read reviews and the author's biography, as well as connect with the author directly or through their website and social media pages.

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Lindsey is a mom in the trenches of toddler-hood, embracing the next phase of parenting while learning to navigate and advocate for her autistic daughter. With a recent adult diagnosis of ADHD, and a new deeper understanding of her own sensory experience

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