

Acclaimed Nutritional Pharmacist, Benjamin Knight Fuchs, R.Ph., Examines Mandatory COVID Vaccines by Employers

LOS ANGELES, CA, UNITED STATES, August 11, 2021 /EINPresswire.com/ -- The rapidly spreading Delta variant is forcing employers to rethink their strategies for handling the pandemic. Policies they should reconsider include encouraging or requiring employees to be vaccinated, whether to hold off on having remote workers return to company facilities, rules for social distancing and wearing masks at job sites, ventilation, testing, travel restrictions, communicating exposures, and support for mental health care.

Acclaimed Nutritional Pharmacist, [Benjamin Knight Fuchs, R.Ph.](#), believes there are other alternatives to minimize COVID 19 infection. "While vaccinations are a controversial subject fraught with political as well as cultural

implications, what remains non-controversial are the nutritional and lifestyle strategies that we should all be employing to not only prevent infection and symptoms but also to reduce the likelihood of post-job side effects," states Fuchs.

The spread of the highly contagious Delta variant of Covid-19 is causing infections and hospitalizations to rise again in the United States, even in communities with high vaccination rates. Hopes that the pandemic would soon fade away have been dimmed by the spread of the variant, which appears to evade at least some of the immunity conferred by past infection or vaccination.

"For one thing, reducing intake of ultra-processed foods, sugar and fried fats is a must," continues Fuchs. "Enjoying lots of colored veggies can help, likewise lowering caloric intake and



Benjamin Knight Fuchs, R.Ph.

even occasional fasting are powerful ways support detoxification."

With low global vaccination rates, there are likely to be new variants that could be even more threatening. Consequently, we can expect sporadic cases and periodic outbreaks of Covid-19 in the months and years ahead. The good news is that as the virus has evolved, employers have honed their strategies to keep infections in check. By continuing to be creative, flexible, and adaptive in their approaches, they can contain the threat now and handle other outbreaks as they arise.

"Don't forget to get out in the sun and enjoy movement and exercise or even just a daily walk to enhance lymphatic drainage of toxicity. Slow, deep, rhythmic breathing can improve circulation and elimination of toxins and nutritional supplementation with N-acetyl cysteine, selenium, zinc and Vitamins A and C, among many others are an immune boosting must," concludes Fuchs.

Benjamin Knight Fuchs, R.Ph.

Benjamin Knight Fuchs is a registered pharmacist, nutritionist and skin care chemist and for the past 35 years has been developing pharmacy-potent skin health treatments for estheticians, dermatologists, and plastic surgeons. "I believe that caring for your skin can be much more than cosmetic," states Ben Fuchs. "I believe that caring for the skin is about the health of the skin. And that's why I created Benjamin Knight Fuchs, R. Ph. [Truth Treatment Systems](#); to provide topical nourishment for the skin that meets the strictest performance standards."

Ben formulated Truth Treatment Systems because he saw the need for topical treatments that worked with the biochemistry of the skin. Treatments that augmented and enabled dermal processes at the skin cell (not surface) level. Ingredients to activate fibroblasts, normalize keratinocytes, stimulate proteins and enhance the production of extracellular lipids.

Truth Treatment Systems remedies are made with 100 percent active and functional ingredients. They have no fillers, preservatives, waxes, emulsifiers, oils or fragrances. Their ingredients leverage the latest biochemical understandings and utilize proven strategies gleaned from years of compounding prescription skin health treatments for physicians and the most discerning patients.

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