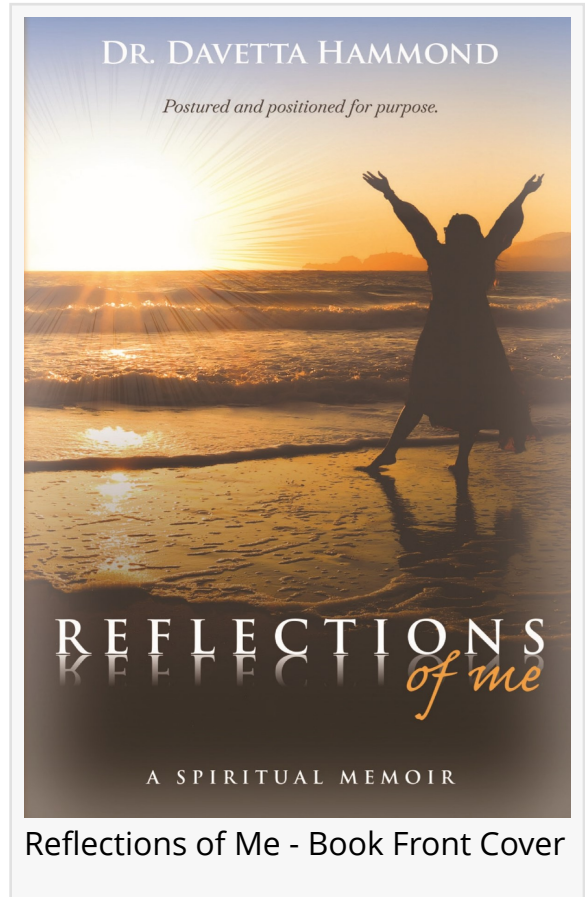


Dr. Hammond's personal journey to self-empowerment with God's help

Reflections of Me is a personal journey of a mother's struggle from adolescence to adulthood as she battles life's challenges while accepting God.

SAN FRANCISCO, CALIFORNIA, USA, August 16, 2021 /EINPresswire.com/ -- One woman's story of living life through the hands of God while attacking the inner fears that haunt her.

Dr. Davetta Hammond was married at seventeen to a man ten years her senior. Through hardship and lost love, Davetta turned to God for support and guidance. With only a few dollars to her name, she rented a U-Haul and left her husband and father of her two babies. When Davetta left, she was alone and ... she was afraid. Many years later, Davetta now holds several certifications and mentor others within the word of God. She also works with distressed corporations to bring their employees out of the master/slave mentality so they can work together as a cohesive team.



Reflections of Me - Book Front Cover

Reflections of Me is a personal account of a mother's struggle from adolescence to adulthood. She battles through damaged relationships within her personal, professional, and spiritual life. Only through finding God was Davetta able to pull herself out of the darkness and into light. She

“

It wasn't so much that the fear wall existed but that I carried a fear brick with me everywhere.”

Dr. Davetta Hammond

now gives advice, to the old and young, on how to love themselves while fulfilling God's purpose. We each have a path to walk, and Davetta takes us by the hand to show us the way. She demonstrates how we exist inside a lostdom that is controlled by a fear giant. With Davetta's help, we can break down those walls and courageously walk past that fear giant and into the loving hands of God.

Davetta holds a Masters in Christian Leadership and a Doctor of Philosophy Humane Letters from Trinity International University of Ambassadors. She is a Certified Energy Leadership

Index™ Master Practitioner (ELI-MP) and a Certified Professional Coach (CPC) through the Institute for Professional Excellence in Coaching (IPEC). She is a credential Certified Professional Coder through the Academy of Professional Coders and holds a Specialization in Project Management through the University of Phoenix.

<https://trialifestylecoaching.com>

ISBN: 9-781953278142 Hard Back

ISBN: 9-781953278159 Soft Back

ISBN 978-1-953278-16-6 eBook

Lynn Y. Moon

Indignor House Publishers

+1 757-373-7752

[email us here](#)

Visit us on social media:

[Facebook](#)

[Twitter](#)



Dr. Davetta Hammond Photo



Indignor House Publishing

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2021 IPD Group, Inc. All Right Reserved.