



WisePause Wellness Supports the First World Menopause and Work Day with a Menopause in the Workplace Conversation

WisePause Wellness Urges U.S. Companies to Recognize Menopause Health in Corporate Policy, A Strategy to Increase Their Bottom Line by Retaining Talent

LOS ANGELES, CA, UNITED STATES, September 7, 2021 /EINPresswire.com/ -- Recent 2020 statistics estimate that there are over 38 million women in the U.S. labor market aged 40 to 55, yet [menopause](#) is rarely, if ever, addressed in any corporate policies. While the needs associated with pregnancy and motherhood are being woven into the fabric of our modern working world, very few employers recognize the needs of women going through [perimenopause](#) and menopause. This “change of life” remains stigmatized, and many women suffer unnecessarily in silence. September 7th has been designated as the first World Menopause and Work Day. WisePause Wellness has been a leader in elevating this conversation since 2019, consulting companies across the U.S. to familiarize and educate them on the issues women face at work during this normal phase of their lives and to adopt menopause policies for a healthier and productive work environment.



WisePause Wellness-The Menopause Authority



Deborah Garlick, Founder, Henpicked

To demonstrate our solidarity, WisePause Wellness will release a video on its website on the subject, entitled "Menopause and the [Workplace](#)". To view the video, please visit www.wisepause.com.

Additionally, WisePause Wellness will hold its 5th conference virtually on hormones, perimenopause, and menopause. The event features 20+ renowned physicians and functional medical experts on Saturday, September 18, 2021 from 8:30am-6pm to discuss the many symptoms associated with menopause and provide solutions so that women don't have to suffer in silence. Registration is free for the first 24 hours.

For more information on WisePause Wellness and to view the "Menopause and the Workplace" discussion, please visit www.wisepause.com. WisePause Wellness is presented by Tea Botanics.



Denise Pines, founder of WisePause Wellness and immediate past President, Medical Board of California

For more information or to register, please visit www.wisepause.com. Registration for 24-hour access to the event is free. For 7-day or 6-month access to the virtual event, the prices are \$20 and \$49 respectively.

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Of the women who had taken time off of work due to menopausal symptoms, only half of them disclosed the real reason for their absence, this is a health crisis with all U.S. companies.”

*Denise Pines, Founder,
WisePause*

About WisePause Wellness

WisePause Lifestyle Virtual Global Experience is an empowered community experience that connects women to the best midlife health information, trusted healthcare professionals, innovative hormonal healing therapies, products and services, and to other women on similar journeys. The goal is to help all women navigate perimenopause and menopause with confidence and ease by being proactive with their midlife wellness. To learn more, visit [@wisepause](http://www.wisepause.com)

About Tea Botanics

Tea Botanics is a medicinal tea and supplement company

focusing on plant-based therapies for women's health, including vasomotor symptoms of menopause like hot flashes, night sweats, and insomnia. To learn more, visit

www.teabotanics.com or follow @teabotanics @hotflashtea

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