

Diana Lockett of Re-Align To Thrive to be Featured on Close Up Radio

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-- The meaning of life is whatever you create. If you don't like the meaning, we all have an opportunity to realign and recreate.

How do we work through the conditioning and limiting beliefs that prevent us from feeling authentic self-love and connect to our truth, joy and purpose?

Diana Lockett is an Embodied Spiritual Life Coach and the founder of Re-Align To Thrive™ where she helps clients maximize their potential and manifest what they truly desire in their life.

Diana's coaching methodology and practices derive from her experience as a yoga teacher. Diana describes Her Yoga Teacher Training Program as a personal development program disguised as yoga. Her Re-Align To Thrive™ Coaching program was created as a personal and spiritual development program for the millions of people who do not practice yoga but are ready to level up in their life emotionally, spiritually, in their relationships and in their potential.

"There's so much wisdom in the body," says Diana. "So it's about how to bring relaxation into the nervous system so that we can access the wisdom of the body and connect to our life purpose. When we're in control of our body, we can make changes and bring ourselves into alignment."

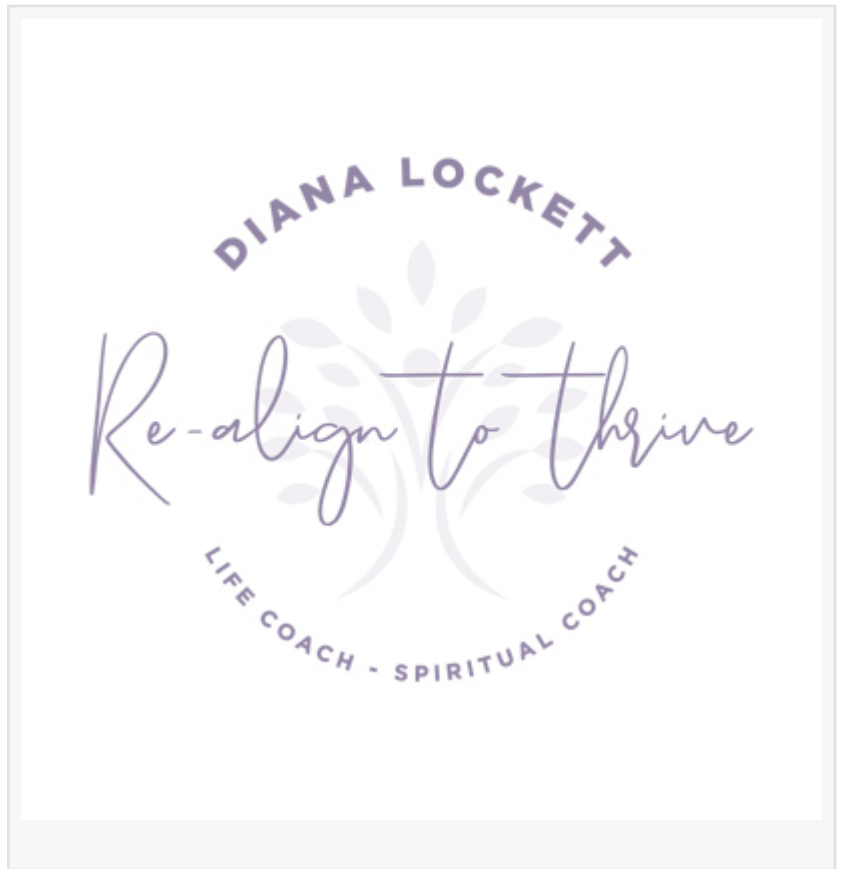
Prior to launching Re-Align To Thrive™, Diana worked as a speech language pathologist for 32 years helping children access their voice. Now she is helping others access their voice in a different way.



When we realign, says Diana, we return to our natural state of goodness.

"To realign is a process of remembering there's a greater purpose," says Diana. "It's about undoing so much of what we've been taught to believe and remember who we truly are. We are here to make an impact. We are here to make a difference. We are not here to stress, pay bills, worry about our future and die. The odds of being here make us nothing less than a miracle, so what do you want to do with your one precious life?"

Close Up Radio will feature Diana Lockett in an interview with Jim Masters on September 9th at 12pm EDT



Listen to the show on [BlogTalkRadio](#)

If you have any questions for our guest, please call (347) 996-3389

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