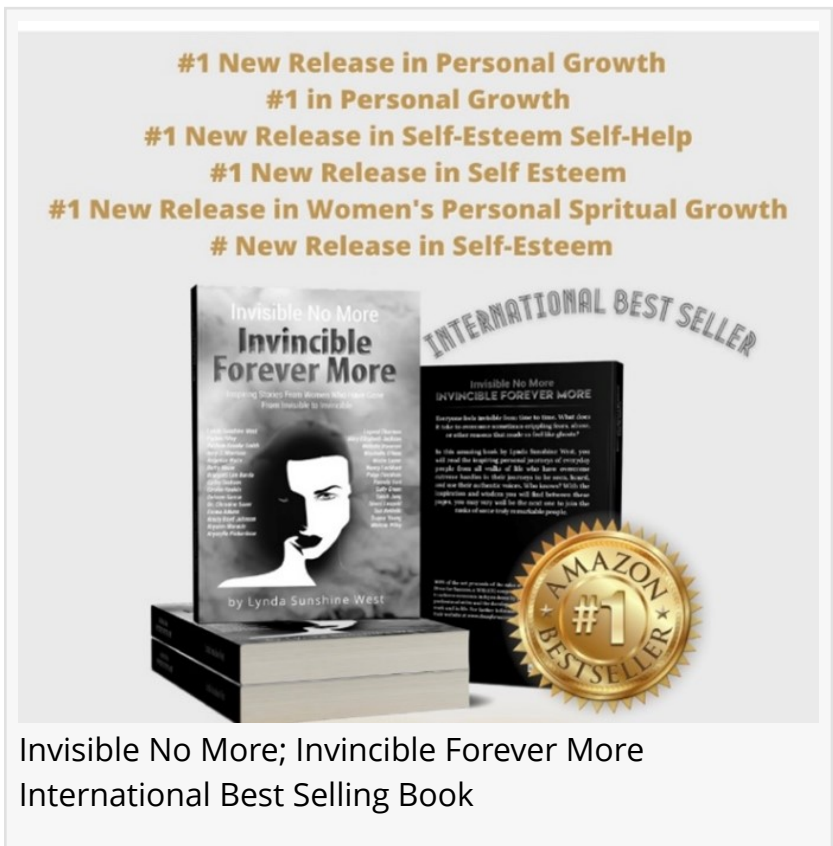


Book Gives Hope to People Experiencing Suicidal Thoughts

Invisible No More; Invincible Forever More shares stories of women who have gone from invisible to INVINCIBLE.

HALIFAX, NOVA SCOTIA, CANADA, September 7, 2021 /EINPresswire.com/ -- International Best Seller, *Invisible No More; Invincible Forever More*, became the #1 Inspirational new release on Amazon just eight hours after its release! It is filled with the personal and profound stories of twenty-nine amazing women from all over the world. They each share how they felt invisible, became empowered, then took the journey and faced their challenges, overcoming, so they would be seen. These heart and soul-grabbing testimonies offer hope and motivation for readers everywhere to start their journey toward healing.



Invisible No More; Invincible Forever More
International Best Selling Book

Invisible No More; Invincible Forever More was born out of inspiration and a desire to collaborate with other women to bring a powerful message to the world. No one needs to feel invisible anymore. It is time to speak up about your life and the challenges you have been through, so we might all know our invincibility!

“ If you are stuck in a dark place, I want to tell you: Don't Give Up! There's a light at the end of the tunnel for you, too! (and it's not a freight train).”
Dr. Christine Sauer

they can heal is invaluable.”

“Our stories are about hope, inspiration, motivation, and encouragement. Great book to review and talk about for Suicide Prevention week and month and any other mental health awareness. Helping people to speak up and out so

—Lynda Sunshine West, inspirer of this amazing collaboration

"20 years ago, my life ended. I was driving back from Bayer's Lake to Halifax, on the 102 highway. I was sitting in my burgundy van, feeling the worst in my whole life. My body felt numb from physical pain and my mind was enshrouded by dark, painful, seemingly impenetrable clouds. I felt completely and hopelessly stuck in the darkest place of my life.

"I pushed the gas pedal down as far as it would go, took off my seatbelt, and picked the bridge pillar on the right side of the highway that looked sturdy enough to hold up to a deadly collision. I was ready to die.

"I still remember this moment as if it was today, and I shudder thinking of it. Obviously, I didn't do it, or I wouldn't be here today."

—Dr. Christine Sauer, collaborative author in Invisible No More; Invincible Forever More.

All proceeds go to support 501(c)(3)
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To book Dr. Christine Sauer for an interview, contact her at 1-332-334-8859 – christine@DocChristine.com.

Dr. Christine Sauer
DocChristine Coaching
+ 1-332-334-8859
christine@DocChristine.com

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Excerpt from
Invisible No More;
Invincible Forever More

“We all are on a learning and growing path and I learned that this is ok. It truly is NEVER TOO LATE to live your best life!”

Finding the Light at the End of the Tunnel
-Dr. Christine Sauer

InvincibleForeverMore.com

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Dr. Christine Sauer is INVINCIBLE Forever More

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Dr. Christine Sauer is always INVINCIBLE Forever More

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