

Rosa rugosa Shown to Enhance Resistance to Oxidative Stress in Journal of Food Biochemistry Study

Rosa rugosa (Rose Hips) extract includes high levels of vitamin C and demonstrates significant antioxidant properties and anti-inflammation properties.

DENVER, CO, CO, UNITED STATES, September 7, 2021 /EINPresswire.com/ -- A [recent study published in the Journal of Food Biochemistry](#) indicates that Rosa rugosa (Rose Hips) offers health benefits and suggests that Rosa rugosa aqueous polyphenol (RAP) could potentially be developed as a bioactive product that demonstrates anti-aging effects.



Rose Hips (Rosa rugosa) Extract with Vitamin C from Linden Botanicals

In recent years, scientific interest in Rosa rugosa has increased due to its antioxidant properties, high levels of vitamin C, and its anti-inflammation properties. The extract made from the plant has the potential to support treatment for physical issues related to oxidative stress, including hepatotoxicity, renal disturbances, diarrhea, arthritis, diabetes, hyperlipidaemia, and obesity.

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We sell Rosa rugosa as an individual extract and as one of six extracts in our ShieldsUp Kits. We created this proprietary collection to provide support for colds, flus, coughs and invading pathogens.”

*Michael Van der Linden,
Owner of Linden Botanicals*

“Rosa rugosa is the newest extract in our line of all-natural, healthy extracts,” says Linden Botanicals owner Michael Van der Linden. “The Rosa rugosa extract we sell is standardized to 20% vitamin C.”

Vitamin C is best known for its antioxidant properties. Vitamin C is able to scavenge damaging reactive oxygen species (ROS) to protect the body’s cells and tissues from

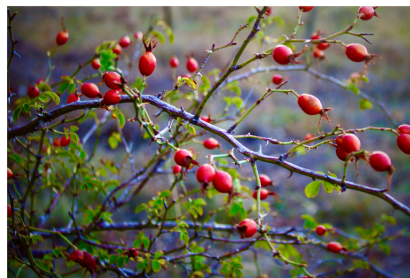
oxidative damage and dysfunction. Vitamin C also supports healthy immune function. Vitamin C levels can become depleted from the body during infection. Rosa rugosa extract benefits include high vitamin C content.

Along with its potential anti-aging properties, Rosa rugosa's anti-inflammation properties are the subject of extensive study. Inflammation helps to protect the body against different harmful stimuli, such as infection, chemical exposure, tissue damage, trauma, and bacteria exposure. However, excessive inflammation may harm tissues and organisms and has been associated with the development and onset of rheumatoid arthritis, diabetes, inflammatory bowel disease, atherosclerosis, and other inflammation-related issues.

Studies demonstrate that Rosa rugosa provides anti-inflammation support. The flower extract of Rosa rugosa has antioxidant properties that may act as a beneficial anti-inflammatory agent.

"We sell Rosa rugosa as an individual extract and as one of six extracts in our ShieldsUp Kits," Van der Linden says.

"The other extracts include Cistus incanus, Phyllanthus niruri, and Laricifomes officinalis (Agarikon mushroom). We created this proprietary collection to provide support for colds, flus, coughs, and invading pathogens. To learn the science behind these extracts, we encourage people to read our [FAQ pages](#), which include links to articles in scientific journals."



Rosa rugosa - One of Six Extracts in ShieldsUp Kits



Rosa rugosa Extract (Rose Hips) from Linden Botanicals



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Rose hips are the round portion of the rose flower just below the petals, and they are traditionally valued for their active compounds. The plant's benefits are associated with their ascorbic acid, phenolic content, and healthy fatty acid content, including vitamin E and lycopene. Extensive research is continuing on *Rosa rugosa*'s bioactive compounds and antioxidant capacity and on the potential benefits of teas made from *Rosa rugosa* extract.

About Linden Botanicals: Linden Botanicals sell the world's healthiest teas and extracts, including *Rosa rugosa*, *Cistus incanus*, and *Phyllanthus niruri* (Chanca Piedra). The company's teas and extracts provide science-based support for immune health, stress relief, energy, memory, mood, kidney health, joint health, digestive health, inflammation, hormonal balance, and detox/cleanse. Visit www.LindenBotanicals.com to learn about these teas and extracts, get hundreds of valuable health tips and resources, and download the free [Lessons from the Darkness e-book](#), which chronicles Michael Van der Linden's four-year battle with Lyme disease.

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