

# Celebrity Trainer Mark Jenkins Gears Up 30 Day Challenge to “Jump Off” a New You

LOS ANGELES, CA, USA, September 22, 2021 /EINPresswire.com/ -- Celebrity Trainer and Transformation Specialist Mark Jenkins announced the launch of his 30-day fitness challenge “The Jump Off”. “The Jump Off” is an affordable program that is aimed to help participants start their weight loss journey for less than three dollars a day.

Participants can choose from three different plan options based on their fitness goals and specific health needs. A minimum purchase of fruit & vegetable supplements and plant based protein shakes is needed in order to have access to all of the program’s benefits. Purchase of the program grants access to a private Facebook group, three live goal-specific workouts per week, Q & A’s, coaching sessions, and more.

“The Jump Off” began three weeks ago but will be going on for the next three months. Grab your spot today for a better appearance, life skills, and overall health. For more information regarding “The Jump Off” 30-day challenge or to learn more about Mark Jenkins, visit:

<https://markjenkinsfitness.com>. You can also keep up with him on Instagram: @themarkjenkins

## ABOUT MARK JENKINS

Mark Jenkins is one of the hottest and most in demand trainers in the business. His large client roster includes superstars such as Mary J. Blige, LL Cool J, Q-Tip, Beyonce, D’Angelo, DJ Khaled, Raphael Saadiq, Busta Rhymes, P Diddy, Missy Elliott and many others. Jenkins is the man superstars contact when they need to look their very best. Jenkins has been whipping some of



*Jump Off*  
**30 DAYS TO A NEW YOU**

WORK WITH SOME OF THE BEST IN THE INDUSTRY AND LEARN THE KEYS TO LONGSTANDING RESULTS

Join us if you're looking for **BETTER:**

- ★ Appearance
- ★ Life Skills
- ★ Overall Health

Featuring *Mark Jenkins*  
Celebrity Personal Trainer

REMOTE INTENSIVE WITH **Mark Jenkins**  
Celebrity Personal Trainer

MINDSET COACHING WITH **Isaac Brown**  
Professional Football Coach, Life Coach

KEYS TO WELLNESS WITH **Kristy Kuhl**  
Wellness Coach

**SEPTEMBER 13 for 30 DAYS**

TOTAL PROGRAM VALUE OVER **\$10,000**

**SPECIAL PRICING!** Start for as little as **\$2.80 a day**  
**LESS than a cup of Dunkin Donuts Coffee**

**JOIN NOW!** Reach out to the person who shared this with you.  
**LIMITED SPACES!** Closing September 3 or when full.

the most well known names and multi-platinum artists into peak shape since his former days of serving in the U.S. Navy.

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