

# October's Full Moon Challenge: A Perfect Time to Clear Out the Body

*Health Company CellCore Biosciences Explains Why Detoxing During a Full Moon Matters*

MERIDIAN, IDAHO, UNITED STATES, September 29, 2021 /

EINPresswire.com/ -- Strange events always occur during a full moon — including during October's "Blood Moon." Just as the gravitational pull of the moon controls the tides, it also affects human health and mood. To help support the body through this phenomenon, health company CellCore Biosciences promotes a kick-starting protocol called the Full Moon Challenge.



CellCore Full Moon Detox Challenge

“

The Full Moon Challenge is a great opportunity for those struggling to get over a plateau in their health. It can help get the gunk out and work to reset internal systems.”

*Jenna Kilzer, CellCore Social Media Specialist*

Dr. Jay Davidson, co-founder of CellCore, says, “During a full moon cycle, your body naturally produces less melatonin and more serotonin. This creates an environment for unwanted elements in your system to move around more freely — which is why every full moon is a golden opportunity to knock them out with the Full Moon Challenge.”

The Full Moon Challenge includes taking four natural products provided by CellCore the few days before, during, and after a full moon. The challenge has three levels: beginner, intermediate, and advanced. The different levels

include varying amounts of each product for a recommended number of days in a row.

If individuals want to participate during this year's full Blood Moon on October 20th, they need to order the CellCore Para Kit (<https://cellcore.com/collections/kits/products/para-kit>) by October 3rd.

Jenna Kilzer, CellCore Social Media Specialist, adds, "The Full Moon Challenge is a great opportunity for those struggling to get over a plateau in their health. It can help get the gunk out and work to reset internal systems. Plus, it's a fun challenge, especially during the Blood Moon close to Halloween."



Learn more on these CellCore Instagram posts about the challenge (<https://www.instagram.com/p/CQZGWZfFBcw/>) and the products, now called the Para Kit (<https://www.instagram.com/p/CMu36lYJraw/>).

Learn more about the products on the CellCore website (<https://cellcore.com/collections/products>) and order the Para Kit by October 3rd to implement it during the October 20, 2021 Blood Moon.

About CellCore Biosciences: CellCore Biosciences is a wellness company that believes a "healthy microbiome is a healthy you." This starts with opening drainage pathways, supporting energy at the mitochondrial level, and detoxing unwanted substances. Their core values are front and center in the company mission: "Creating solutions that work is what we do. Restoring hope and health is who we are."

If you would like more information about this topic, please contact Jessica Tidwell, Public Relations Manager for CellCore Biosciences, at [jessica.tidwell@cellcore.com](mailto:jessica.tidwell@cellcore.com).

Jessica Tidwell  
CellCore Biosciences  
[jessica.tidwell@cellcore.com](mailto:jessica.tidwell@cellcore.com)

Visit us on social media:

[Facebook](#)

---

This press release can be viewed online at: <https://www.einpresswire.com/article/552640745>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2021 IPD Group, Inc. All Right Reserved.