

From Thanksgiving to Halloween: How to Reduce Waste This October

October 18th - 24th is the 20th anniversary of Waste Reduction Week in Canada

TORONTO, ON, CANADA, October 3, 2021 /EINPresswire.com/ -- As we prepare across Canada for a month of celebrations like Thanksgiving and Halloween, many of us forget about the impact on the environment these events can also have. From extreme food waste to the massive amounts of packaging containing it, these are things that individuals should take note of, and endeavour to help reduce.



With October also marking the [20th anniversary of Waste Reduction Week in Canada](#) (18th to the 24th), this is a great time to reflect on ways we as individuals and consumers can help reduce our own carbon footprint.

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We must empower the busy individual to do easy things that have a real impact on the climate and waste crises.”

Stephanie J. Miller

Internationally renowned Zero waste expert and former World Bank Group Climate Director, [Stephanie J. Miller](#) has been a key changemaker in the fight to reclaim our own ability to help cut down on waste. She is also the author of the book, *Zero Waste Living, The 80/20 Way: The Busy*

Person’s Guide To A Lighter Footprint, which provides the average busy person tips on how to lower the amount of waste in our lives.

Ask Stephanie about her 5 “Key” tips towards keeping the amount of waste down during Thanksgiving, Halloween and beyond.

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Halloween



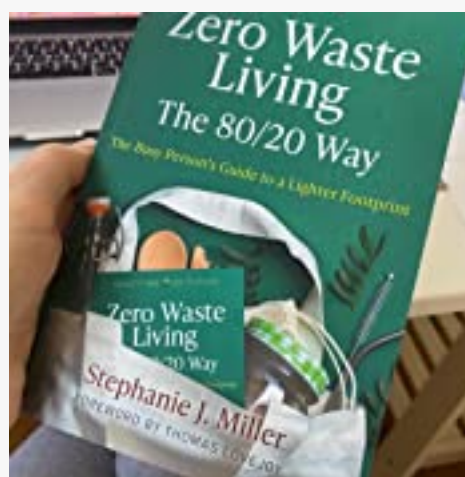
WASTE
REDUCTION
WEEK
IN CANADA



Waste Reduction Week in Canada, October 18-24th



Stephanie J. Miller



Zero Waste Living: The 80/20 Way

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