

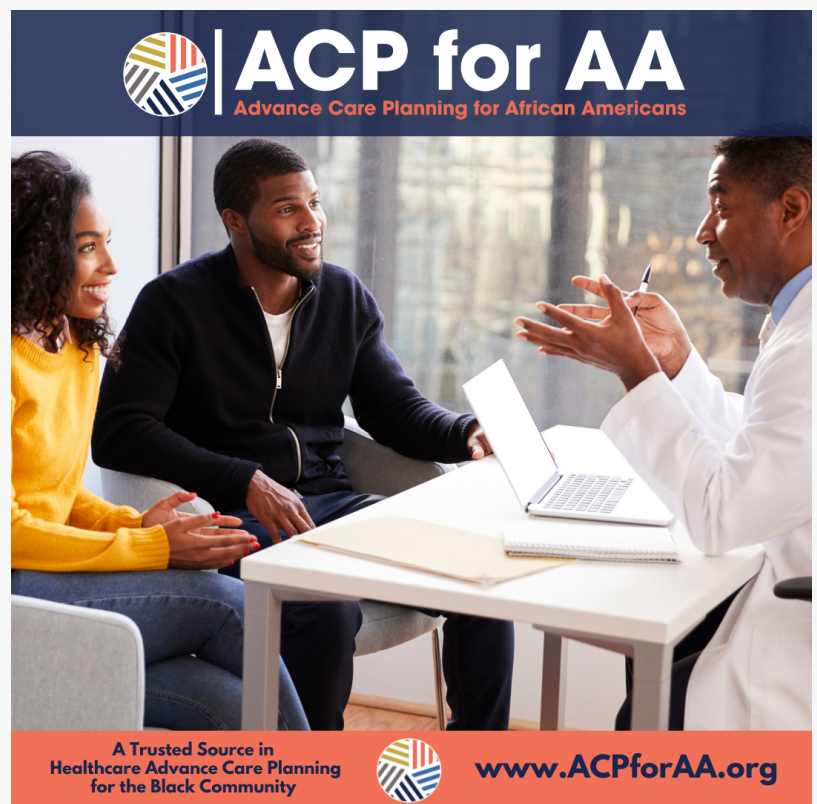
ACP for AA Initiative Launches During National Hospice and Palliative Care Month

New Initiative to Assist African Americans with Serious Illness and End-of-Life Advance Care Planning

CARY, NC, USA, November 4, 2021 /EINPresswire.com/ -- November is National Hospice and Palliative Care Month, and [Dr. Gloria Thomas Anderson](#) is raising awareness about the longstanding gap when it comes to African Americans and planning for serious illness and emergency healthcare. Officially launching this month, [Advance Care Planning for African Americans \(ACP for AA\)](#) is an educational outreach initiative partnering with organizations to provide credible and culturally responsive resources to help bridge the racial disparity gap in healthcare.

Dr. Anderson, the founder of Heart Tones™, explains, “Almost everyone agrees that there’s an urgent need to address health literacy related to end-of-life care in Black communities. This initiative presents much-needed support to help counter disparities by providing trustworthy information and resources that promote informed healthcare decision-making.”

Studies* show there is a significantly lower percentage of Black individuals of all ages who have completed living wills, also known as “advance directives.” This form provides a legal document that tells doctors and loved ones what healthcare is wanted in case of serious or emergency illness. ACP for AA will help support African American families and caregivers by:



ACPforAA.org is a trusted source in healthcare advance care planning for the Black community. ACP for AA™ is a nationwide initiative of Heart Tones™ and is sponsored by a grant from The John and Wauna Harman Foundation.

- providing credible and culturally relevant healthcare-related information and resources;
- promoting conversational engagement about advance care planning options and preferences;
- preparing the necessary steps to complete advance care documents and choose a healthcare advocate, if unable to speak for oneself.

To kick off the initiative, ACP for AA has partnered with the Montgomery Hospice and Prince George's Hospice Center for Learning to provide resources to citizens of Montgomery and Prince George's counties in Maryland. Its team of doctors, nurse practitioners, nurses, spiritual counselors, social workers, certified nursing assistants, bereavement counselors, and volunteers work with patients and their families to provide quality end-of-life care in homes and nursing homes and extended care facilities in both Montgomery and Prince George's Counties.



Dr. Anderson, the founder of Heart Tones™ and creator of the ACP for AA initiative, has been providing resources that promote informed healthcare decision-making for Black Americans since 2006.

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Most people want to be in charge of their healthcare, yet hardly anyone wants to think about the inevitable end of this life that all of us will face at some time in our lives.”

Dr. Gloria Thomas Anderson

Terrie James-Taylor, Director of Outreach & Facilities at Montgomery Hospice & Prince George's Hospice, says this about being part of ACP for AA, “It's been an honor and a pleasure to work with Dr. Gloria Thomas Anderson in bringing awareness on ACP for AA to the Montgomery County & Prince George's County residents, and also in sharing with Black-owned health care agencies in Prince George's County the importance of having their staff knowledgeable on ACP. The Center for Learning has made it possible for the communities we serve in Maryland to have access to Dr. Anderson's book, [The African American](#)

[Spiritual and Ethical Guide to End-of-Life Care](#), which has been an invaluable resource in our efforts to help bridge the disparity gap.”

ACP for AA™ is a nationwide initiative of Heart Tones™ and is sponsored by a grant from The John and Wauna Harman Foundation.

For more information, visit
www.acpforaa.org.

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Make your wishes known.



Visit www.acpforaa.org for more information.

Take the necessary steps to complete your advance care documents for emergency or serious illness healthcare decision-making. Then, talk with your healthcare advocate and medical team about your choices. For more information, visit acpforaa.org.

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