

Phase One of a \$23.5 Million Renovation Completed at the Houstonian Club

The luxury fitness facility unveils fully redesigned workout studios and basketball court as part of Phase One of their three-phase renovation plan.

HOUSTON, TX, UNITED STATES, November 8, 2021 /EINPresswire.com/ -- [The Houstonian Club](#), the nationally recognized health and fitness facility of The Houstonian Hotel, Club & Spa, and a Forbes Four-Star property, just completed Phase One of their \$23.5 million [renovation plan](#), which began in

March of this year. Located on 27 wooded acres in the middle of the Galleria area of Houston, Texas, the luxury sports and fitness facility is one of only two properties in Texas to receive the elite Platinum Club Status by Platinum Clubs of America.



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*Cher Harris, Houstonian Club
General Manager*

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“We are thrilled with the completion of Phase One,” says Cher Harris, General Manager of the Houstonian Club. “The current changes will provide our members enhanced amenities and conveniences to make their fitness experience at the Houstonian Club easy and fun. We look forward to showcasing vibrant and exciting spaces for club members and guests to enjoy through all three phases of

renovation.”

Phases two and three will occur over the next 9-12 months to minimize disruption to programs, services, and members' experience. Huitt-Zollars Inc. is the architect of record for the

Houstonian Campus, and Forney Construction is the construction manager and general contractor. Fabiano Designs, known for its expertise in the club industry, directs the club project.

[Photos available here.](#)

Phase One Renovations at the Houstonian Club include:

Breathe:

Houstonian Yoga has been reimagined into a 1,961 square foot studio named Breathe. With cork floors and indirect cove lighting, the Breathe studio features an expansive 53' wide wall for handstands & other wall exercises. There are also large windows with views out to the Tennis Plaza. No columns or mirrors are present in the space allowing optimized viewing and connection with yoga instructors.

Refine:

Refine is a 430 square foot studio dedicated to private yoga instruction and specialty classes. Refine has cork floors and features one wall of Stall Bars, a beautiful 9-station Yoga Wall wall, and five aerial silk stations suspended from the ceiling.

Move:

The newly designed Move Studio (former Studio A) is bright and inviting in a central location of the Club. State-of-the-art design, lighting, and equipment allow instructors to enhance the group exercise experience in this space. Suspended wood flooring protects joints while enjoying popular HIIT, Cardio, Tabata, and Core classes.

Strong:

It's in the name. The new Strong Studio (former Studio C) is for our strength and weight-focused



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classes. Enjoy one of the Houstonian-curated classes to build strength - both physically and mentally. Enhancements were made in lighting, storage, visibility, and experience for members and guests to get the most out of their workouts.

Synergy:

The Synergy Studio offers a variety of innovative and energetic small group classes utilizing the Pilates Reformer and Versa Climber. The studio is dedicated to Kim Kilway, a longtime Houstonian instructor who brought the definition of Synergy to life. The classes offered in this studio will honor her legacy of musicality and class presentation skills that create the optimal workout experience.

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Located in the heart of Houston, The Houstonian Hotel, Club & Spa just celebrated its 40th anniversary in 2020. It is a Forbes Travel Guide Four-Star, urban retreat located adjacent to the city's iconic Memorial Park, and minutes from downtown, the Galleria, and Energy Corridor. The Houstonian is a member of Preferred Hotels and Resorts, and consistently provides guests with attentive and highly personalized service in an authentic manner. Guests at The Houstonian Hotel may relax and rejuvenate on a 27-acre oasis, with floor-to-ceiling wooded views in its newly renovated guest rooms, four onsite dining restaurants, and a classic hotel bar. The hotel has 33,890 square feet of Indoor Meeting Space and 87,349 square feet of Outdoor Meeting Space with a "Houstonian Experiences" menu for corporate and social groups, meetings, and celebrations. The 175,000 square-foot Houstonian Club offers state-of-the-art equipment, over 160 weekly group exercise classes, aquatic programs, an indoor tennis facility, a resort pool with a rockslide, sports lap pool, and a quiet garden pool. At 26,500 square feet, the new Trellis Spa at The Houstonian is now the largest luxury spa in the state of Texas. From the outside, it resembles a magnificent European Villa with statuesque architecture and luscious gardens. On the inside, soothing, nature-inspired hues complement a grand, light-filled reception and hallway, leading to all-new redesigned, sophisticated interiors where guests may enjoy hours of undisturbed relaxation. Trellis offers a new outdoor Soaking Pools and Garden experience with open-air cabanas, a scenic treetop dining room, renovated treatment rooms, indoor Reflection Pool, and tranquil lounging areas. Solaya Spa & Salon by The Houstonian opened in February 2020 in the prestigious Highland Village of River Oaks in Houston. The Houstonian also opened Sage 'n' Bloom Floral Studio at The Houstonian in July 2020, providing bespoke floral services for weddings and celebrations, client experiences, and corporate installations.

One of Houston's historic gems, the property is known for its grace, comfort, and unparalleled guest experience.

<http://www.houstonian.com/the-club>

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