

# DIGITENT PODCASTS WELCOMES “THE FRIENDZY” to its NETWORK - WOMEN SHOULD CELEBRATE

*The Friendlyzy explores the many struggles women face with aging and the importance of aging happily. The show can be found at [www.digitentpodcast.com](http://www.digitentpodcast.com) .*

NEW YORK, NY, UNITED STATES, November 19, 2021 /EINPresswire.com/ -- Digitent Podcasts is excited to partner with the hit show “The Friendlyzy” and include it as part of its Creator Network. The Friendlyzy explores the many struggles women face with aging and the importance of aging happily. The show can be found at [www.digitentpodcast.com](http://www.digitentpodcast.com) .

“Everyone grows old so why not celebrate it!” offers Melissa Carter, co-host of The Friendlyzy. “Historically women were raised to hide or lie about their age and that’s plain wrong.” Jenn Hobby, her co-host, adds “join us as we talk with experts, celebrities and each other on the many blessings aging delivers and how to be healthier and happier.”

“Happiness is a critical component of health and wellness,” Digitent’s CEO Marty Avallone added, “and age should not make anyone unhappy. Melissa and Jenn explore all of age’s many pleasures and will certainly make you smile along the way.”

About The Friendlyzy and Digitent Podcasts

[www.TheFriendlyzy.com](http://www.TheFriendlyzy.com) is a podcast designed to change the conversation around age so you can celebrate your years and not lie about them.

[www.DigitentPodcasts.com](http://www.DigitentPodcasts.com) is a network of trusted health and wellness podcast programs that will engage, entertain and educate to empower a healthier future for all.

Media Contact: Marty Avallone  
mavallone@thedigitent.com  
212-679-2681





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*Melissa Carter & Jenn Hobby*

Kerry Tracy

Digitent

+1 9177349813

[email us here](#)

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