

Why a Holistic Health Coach Career Could Be the Future

Holistic health and wellness coaches and what you should know to help you learn about this growing trend of online certification programs and practices.

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EINPresswire.com/ -- The U.S. Bureau of Labor Statistics predicts 4.7% growth in wage and work opportunities in holistic health service career fields by 2030. This unique and minority field offers a variety of programs designed for those looking to enter or advance a career in the holistic health care industry. Many are wondering about things concerning where you take the certification programs if it is online or on-campus to what kind of a salary you will earn.



Mayim Vega founder of Arukah Holistic Life Academy

Mayim Vega, who is the founder of Arukah Holistic Life Academy, is a mother of 7 and a Naturopathic Herbalist & Holistic Health & Life Coach, says that there are multiple ways you can advance a career in the holistic health care industry.

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Mayim Vega

Programs include Holistic Health & Healing, Mindset & Coaching Skills, and Online Business & Marketing. These programs are delivered virtually and will prepare graduates to enter a career of becoming a certified healer and how to run their own practices as an entrepreneur.

"[The most important role many of these women learn]... is to inspire people as a holistic health coach to take charge of their health and facilitate their own healing without the

need for harmful and sometimes lethal pharmaceutical drugs, doctors, or even dentists!" says Mayim Vega, the founder of Arukah.com.

Most holistic health coaching programs do not teach naturopathy, which is one of the key teachings for exploring holistic healing and herbalism. Here are five top programs you can check out:

Integrative Nutrition's online Health Coach Training Program
Arukah Holistic Life Academy (teaches naturopathy)
AFPA Fitness
MindBodyFood Institute
Emory University

Many women are being called into this line of work to help many families become more healthy during these times when health is threatened by an ongoing pandemic.

If you have questions more specific about naturopathy and the holistic healing programs go to <https://arukah.com> to request to speak with a program guidance counselor to help you.

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