



# THE EMPOWERED PODCAST NETWORK OFFICIALLY LAUNCHES WITH NOTABLE HOSTS

*Sand & Shores PR Firm has partnered with former NFL, College Athletes, Government Officials and Community Organizers to Promote Podcasts with a Purpose*

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/EINPresswire.com/ -- [Sand and Shores](https://sandandshores.com/)

PR & Leadership Firm has launched a podcast network that supports 5 podcasts with a powerful united voice. Each of the podcasts separately have an end-goal to educate, elevate, and empower their listener.

My Morning Coffee Podcast

(<https://apple.co/3q9SALY>) – Hostesses:

Lieutenant Gia Neil of Los Angeles

County Sheriff and fashion creative with the Founder of Sand and Shores and LA County

Commissioner Tonya McKenzie discuss hot social topics, small business support and women-supporting-women.

Kings' Hour Podcast – Hosts: Former Utah Utes and Pharma Sales Professional Walter Watts along with Former Pittsburgh Stealer and Buffalo Bills Player, currently a tech founder and sports broadcaster Stevenson Sylvester. They have regular panelists and retired NFL players, Robert Johnson and JoJo Sawyer. These gentlemen tackle serious personal and social issues from a male perspective.

[You Are Worth the Work](https://apple.co/3q9SALY) Podcast - Hostess: Former IRS and Department of Justice professional turned fitness Influencer and Owner of Live YOUR Passion Fitness, Kimberley Sanders. She is the mother of a set of twin boys and podcasts to inspire, motivate, an empower busy moms. There is always action item takeaways to improve your quality of life.

**EMPOWERED PODCAST NETWORK**

**EMPOWERING YOUR MIND, BODY, AND BUSINESS**

**MY MORNING Coffee Podcast**  
Tonya McKenzie & Gia Sneed talk differences in life, hot topics, women empowerment, and small business support.  
Listen on Apple Podcasts

**You Are Worth The Work**  
Kim helps listeners recognize they're worth the work it takes to fill up their cup & be their best selves.  
Listen on Apple Podcasts

**Kings' Hour**  
Walter Watts IV & Stevenson Sylvester have roundtable discussions around Black and minority communities.  
Listen on Apple Podcasts

**#LEADERSANDLEARNERS**  
Tonya uses storytelling to interview organizational & elected officials and authors to display thought-leadership.  
Listen on Spotify

**Hey To The People**  
Miss Mosi talks: All Things Positive! All Things Empowering! All Things Beauty! All Things YOU!  
Listen on Spotify

**SUBSCRIBE & SUPPORT**  
**A NETWORK OF STORYTELLERS**  
TRUE STORIES THAT HAVE A POWERFUL IMPACT ON REAL LIVES.

[WWW.SandAndShores.com](https://www.sandandshores.com)

The podcast network that educates, elevates, and empowers

Hey To The People Podcast – Hostess: She’s a speaker, public affairs professional, content creator and member of Zeta Phi Beta, Sorority, Inc. Mosi Odem is one with the people in the community. She brings you true stories from the people making moves in the communities that they serve.

Leaders & Learners Podcast – Hostess: Public Relations & Leadership Consultant, Tonya McKenzie brings you authors, experts, and elected leaders. The best leaders are lifetime learners. Hear their journey and keys to success.

The Empowered Podcast Network offers a broad array of opportunities to partner with brands that are looking to elevate their message with the audiences being served. From sports products and services to health and public interest organizations, EPN delivers audio and digital promotions. You can also find Empowered Podcast Network shows going live from events that cater to their audience. The exposure for partner brands are endless.

"We are keeping this network of shows small and intimate but powerful to ensure that we never lose control of our ability to penetrate noise, deliver quality content, and partner with high quality brands with strong mission statements and high social value." ~Tonya McKenzie, Sand and Shores Founder

With more than 20 years of public relations and marketing experience, Sand and Shores was established to help organizations and professionals tell true stories that have a powerful effect on real lives. Podcasting is just one medium that contributes to the overall platform and a great option for relevant and applicable conversation. As a media platform, podcasting brings some of the most dynamic people to the forefront that may have never been exposed. This podcast network has a collective ability to make a dynamic impression on the listeners and followers.

For more information about the EMPOWERED PODCAST NETWORK or to pitch a story or client, contact the following:

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Guest Submission: <https://bit.ly/3d9rwan>

# # #

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