

New Book Offers Refreshing Alternative to Organized Religion

What if Jesus Were a Coach provides a new perspective on spirituality to inspire everyone to connect with a higher power.

STAFFORD, TEXAS, UNITED STATES, December 6, 2021 /EINPresswire.com/ -- Texas Life Coach [Michael Taylor](#) has thrown a lifeline to individuals looking to kickstart their spiritual journeys and self-discovery in his new book, [What if Jesus Were a Coach?](#)

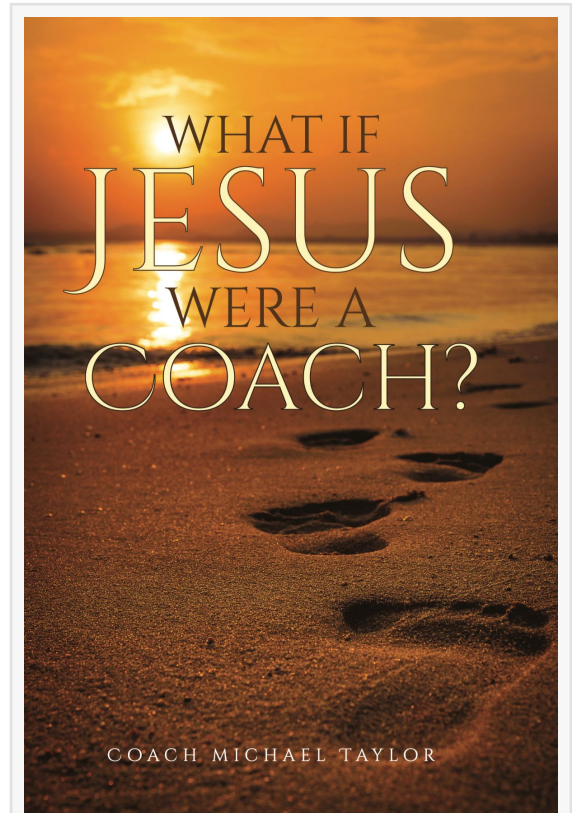
"There are many people who are hesitant to pursue their spiritual journeys because of strict religious doctrines surrounding Christianity that don't coincide with their personal views," Taylor said.

Data released from the Pew Research Center supports Taylor's position, with surveys showing that the number of religious "nones" has grown by nearly 30 million over the past decade.

Touted as a refreshing take on spirituality and religion, *What if Jesus Were a Coach?* aims to inspire readers to find their own truth about God. The author shares his personal experiences and delves into the teachings of Jesus to help readers realize that there is more to spirituality than rules and restrictions.

A former Atheist, Taylor once had an aversion to organized religion until he undertook extensive research about world religions to determine if God existed or not.

"My research ultimately led me to my own 'truth' about God, which has allowed me to create an intimacy and connection to a power greater than myself," he said. "In this book, I share my experiences and how I was able to do that."



In his refreshing approach to spirituality, Michael Taylor provides a pathway for those who are searching for meaning and fulfillment minus the constraints of organized religion.

What if Jesus Were a Coach offers valuable lessons that will benefit even those who do not believe in God. Readers will come away with a refreshing viewpoint and newfound wisdom on connecting with a higher power and achieving their dreams.

And the book is already having an impact. One reader had this to say: "The message is beautiful and heartfelt — with explicit personal experiences. For me, it is like coming out of the deepest, darkest hole and into the light for the first time. It is not just a guide, but also a light to guide you along the way to your spiritual awakening. It is an ultimate guide when you're searching for the truth in your spiritual journey."

Coach Michael Taylor is an entrepreneur, author (10 books), motivational speaker, podcaster, and radio and TV show host who has dedicated his life to empowering men and women to reach their full potential by transforming their lives from the inside out. He knows first-hand how to overcome adversity and build a rewarding and fulfilling life, and he is sharing his knowledge and wisdom with others to support them in creating the life of their dreams.



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Life Coach Michael Taylor

To learn more, visit www.jesuswasacoach.com or www.coachmichaeltaylor.com; or connect with Taylor on Facebook, Instagram and LinkedIn at @coachmichaeltaylor; or on Twitter at @coachmichaelt.

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