

# A 'game-changer' weight-loss drug was approved in 2021. Demand was so high that there were shortages within months

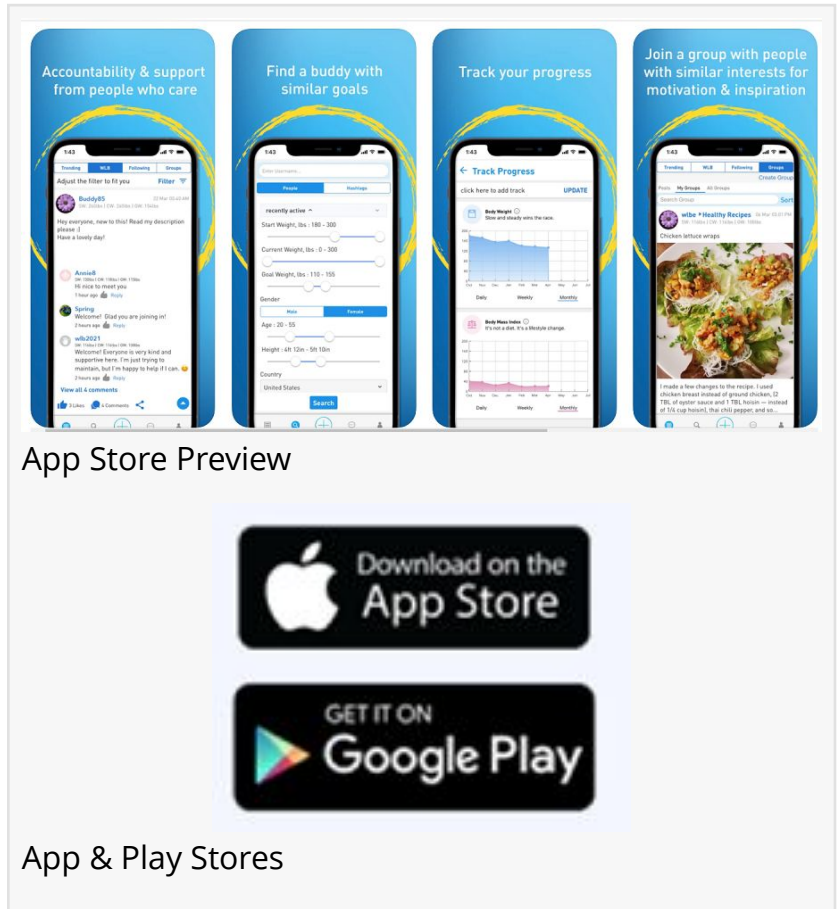
*Semaglutide, a weight-loss drug, showed promise for treating obesity in recent research.*

TENAFLY, NEW JERSEY, USA, December 30, 2021 /EINPresswire.com/ -- Semaglutide, a weight-loss drug, showed promise for treating obesity in recent research.

Demand quickly exceeded supply after the FDA in June approved once-weekly semaglutide injections.

However, some experts worry that we don't yet understand the drug's long-term effects.

2021 was a historic year for obesity treatment. In June, the Food and Drug Administration approved the weight-loss drug semaglutide, which some experts described as a "game-changer."



The medication, initially developed to treat Type 2 diabetes, was the first drug treatment to be approved by the FDA for weight management since 2014. Wegovy, the brand of semaglutide sold by Novo Nordisk, is a once-weekly injection designed to balance out hunger hormones. It's prescribed for people with a body mass index of 30 or more, or a BMI of 27 with related conditions such as diabetes.

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You can't help someone up a hill, without getting closer to the top yourself -"

*Joey Dweck*

Semaglutide was widely praised, prompting such high demand that there were shortages within months of Wegovy's entrance into the market.

While questions remain about its long-term effects, the drug made a splash in healthcare this year, changing how experts and the public think about weight loss.

Research suggested that semaglutide helped people lose significant weight, as long as they were taking it. Semaglutide works by increasing the production of insulin, a hormone that helps regulate blood sugar.



Weight Loss Buddy

[Research published in early 2021](#) found that people taking the drug lost 15% to 20% of their body weight over 68 weeks, compared with 2.4% for people taking a placebo.

To keep the weight off, people need to continue taking semaglutide. In [another study](#), people who took semaglutide lost 10% of their body weight in 20 weeks, but those who stopped taking it regained weight in the weeks after ending the treatment. The people in the study group who kept taking the drug went on to lose another 8% of their body weight.

[Story continues](#)

About WeightLossBuddy

WeightLossBuddy is the largest community dedicated exclusively to supporting people who are struggling to lose weight.

Its new app allows users to monitor their weight, while sharing their progress with others, and at the same time learning from their experience.

Not only are users able to chat live with other users, but they can also form or join groups to connect with people who have similar interests and goals.

Public & Private groups let them share their concerns with people they can trust.

Research has shown that people who have social support, tend to be more successful at achieving, and maintaining weight loss than those who do not.

In a 2010 study, almost 88% of subjects who joined an internet weight loss support community reported that being part of a group supported their weight loss efforts by providing encouragement and motivation.

In addition to a very easy to use platform, weightlossbuddy uses a familiar “posting” interface people are familiar with. It allows users to share both their successes and setbacks.

What makes the new weightlossbuddy app stand out from other apps is that it is non-toxic, safe, supportive, welcoming and easy to use.

Users can check in each day, post their progress, get encouragement and check to see how their friends are doing.

The new App helps users by giving them the support they need in a welcoming, non-threatening community of like-minded people who share their frustrations,

WeightLossBuddy caters to those individuals who want to lose weight and need help. It helps by providing weight loss support from others on a similar journey.

The new 100% FREE weight loss support app gives users access to a large weight loss community that is ready to encourage them, share effective weight loss tips, and help them in any way possible to reach their weight loss goal.

Users of the new app can explore the social fitness & weight loss posts from weight loss buddy users that are on the same journey.

Users can find great weight loss support content, read about other people’s personal struggles to learn and relate, and like and comment on posts.

Additionally, users can make use of Weightlossbuddy as their weight loss tracker and social weight loss app to post content, thoughts, struggles, progress photos, and more.

Users can start chatting live with fitness buddies from around the globe within the app!

WHY the NEW WEIGHTLOSSBUDDY APP?

Users can now:

- add current and target weight
- find a buddy and get support
- share photos and weight loss progress
- connect and chat live with other weight loss buddies

comment and like on posts  
track daily weight

This New 100% FREE App can be found in both the Apple and Google Play stores.  
It has the ability to transform people's lives.

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