

# Dairy-free Meals and Desserts for the 75% of Australians with dairy intolerance

*Dairy Free Down Under has teamed up with Kim Kerton to create dairy-free meals and desserts for the 75% of Australians with dairy intolerance.*

GOLD COAST, QLD, AUSTRALIA , January 6, 2022 /EINPresswire.com/ -- Dairy Free Down Under has teamed up with Kim Kerton to create dairy-free meals and desserts for the 75% of Australians with dairy intolerance.

Yes, it's absolutely possible to still enjoy cheese if you have a dairy intolerance, have a look at this ultimate cheesy artichoke dip that has dairy-free cream cheese style, sour cream style, mayo style, cashew parmesan, and mozzarella style shreds from Dairy Free Down Under.

It's just like the old school favourite cobloaf dip but completely dairy-free and will satisfy the 75% of Australian's that can't eat dairy. You can serve the bread on the side to also cater for gluten intolerances. A perfect starter or entertaining dish for gatherings.

What about Pavlova? Can you do it dairy-free and plant-based? Some will say it's not possible without the egg, but we've done it, check out the delicious video attached and those crispy perfect meringues.

Dairy Free Down Under along with Kim Kerton from @goodsideofthebed\_ have created delicious recipes for the whole family, which means all tummies can be included and kept happy.

Please find the recipes and content for the Artichoke Cheesy Dip, Plant-Based Pavlova, and others attached.

Dairy Free Down Under is a family-owned business on the Gold Coast



Dairy-Free Cheesy Dip by Kim Kerton

[www.dairyfreedownunder.com.au](http://www.dairyfreedownunder.com.au)

For more information, please contact Mel Greig on  
pr@brandit.rocks

“

Over 75% of Australians have some form of dairy intolerance, Dairy Free Down Under in collaboration with Kim Kerton has created mouth-watering dairy-free recipes to keep the whole family happy.”

*Dairy Free Down Under*

Mel Greig  
BRANDiT  
pr@brandit.rocks  
Visit us on social media:  
[Facebook](#)



Dairy-Free Creamy Potato Salad by Kim Kerton



Dairy-Free Pavlova by Kim Kerton

This press release can be viewed online at: <https://www.einpresswire.com/article/559945748>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2022 IPD Group, Inc. All Right Reserved.