

Why People Need Fast Learning & Reading Skills During The Great Resignation

Many people quit their jobs during The Great Resignation to switch careers. Guinness World Record holder Howard Berg provides tips to read & learn faster.

NEW YORK, NY, USA, January 11, 2022 /EINPresswire.com/ -- While locked down, many workers have reconsidered their personal and professional priorities. Many jobs have been displaced through [automation](#), and many more will follow. People are realizing that they need to learn new skills if they are to survive in the

economy of the future. One way to upskill is by reading coursework and other materials. This can be difficult to balance with working fulltime to pay bills. For this reason, reading comprehension, fast reading, and fast learning are necessary for an improved chance at success.

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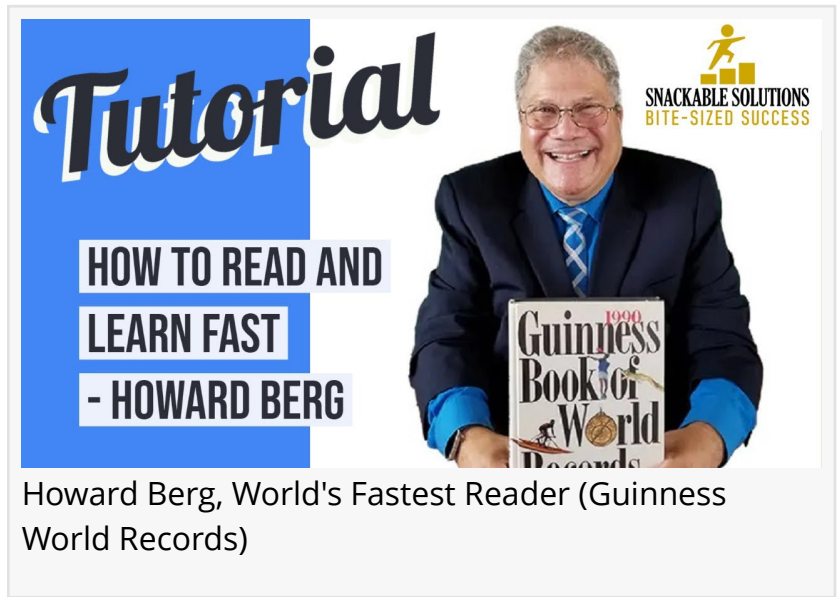
EQ (emotional quotient) is about focusing on what you want, not where you are.”

Howard Berg, World's Fastest Reader (Guinness, World Records)

about to read, before digging into the details puts the content into context. This makes comprehension much easier, according to Berg. He also suggested that improving one's emotional intelligence could help with reading comprehension.

Social Perception and Emotional Intelligence Improve Reading Comprehension

Social perception is an aspect of emotional intelligence. It describes one's ability to identify and utilize social cues to make judgments about hierarchies, relationships, contexts, and other



Howard Berg, World's Fastest Reader (Guinness World Records)

attributes of nonverbal communication. High social intelligence has been associated with [high reading comprehension](#) and listening comprehension (Froiland, J.M., Davison, M.L. Emotional Intelligence, Listening Comprehension, and Reading Comprehension among Diverse Adolescents. J Child Fam Stud 29, 1385–1390, 2020). In his extended interview with Snackable Solutions, Berg provides insight into emotional intelligence and other tactics for fast reading. He also provided a technique for overcoming anxiety that may get in the way of improved reading comprehension.



A record 4.5 million Americans quit their jobs in November 2021. Many of them want to switch careers entirely. This can be a difficult journey, and reading skills may help a lot.

To find out more about this and other Snackable Solutions, you can subscribe to the Youtube channel at <https://www.youtube.com/channel/UCCYiDuHAYEq2EcKhI1pNpPQ>

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