

A GOAL-SETTING COACHING CLASS MAKES RESOLUTIONS POSSIBLE

New Year, Same You?

RANCHO CUCAMONGA, CALIFORNIA,
USA, January 14, 2022

/EINPresswire.com/ -- During a special [event](#) on Wednesday, January 19, 2022, at 7:30 p.m., Coach [Sheréa Véjauan](#), an expert on goal-setting and achieving, will provide inspiration for positive change in the year ahead with a look at the realities behind New Year's Resolutions and the phrase "New year, New me."

During this class, Coach Sheréa Véjauan will also discuss a variety of immediately implementable, straightforward, and easy-to-understand strategies that, if applied correctly, can contribute to lasting change and a 'New You' for the new year.



Sheréa Véjauan

Participants will learn not only how to set achievable goals, but how to evaluate current conditions and take steps that can have a positive impact.

For more information about this event and to register, please visit <https://shereavejauan.com/pages/new-year-same-you>

Sheréa Véjauan

The Goal Setter's Club

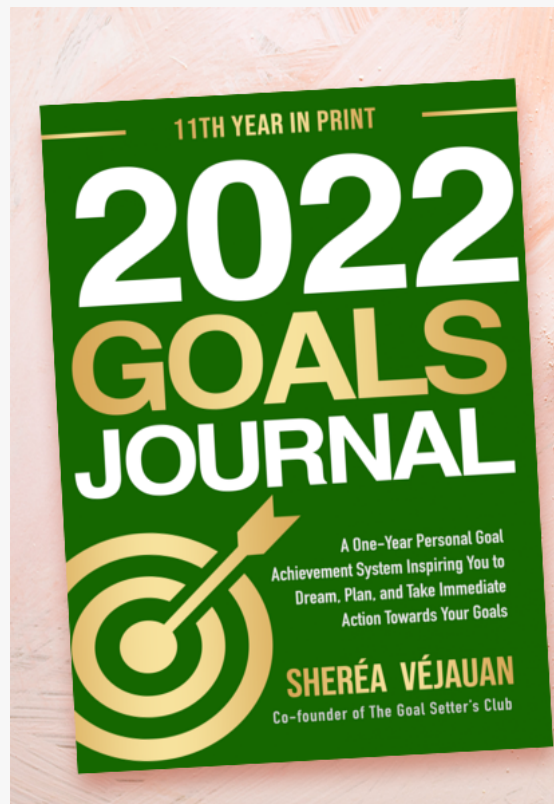
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