

Ashok Bharucha, MD Announces Sliding-Scale Out-of-Pocket Fees

...Sliding Scale Designed to Facilitate Access to World-Class Psychiatric Care

SCRANTON, PA, USA, January 22, 2022 /EINPresswire.com/ -- [Ashok Bharucha](#), MD, owner of a private solo psychiatric practice announces income-based sliding-scale out-of-pocket fees to facilitate access to top-notch care for Pennsylvania residents. At a time when access to psychiatric care poses tremendous challenges, particularly in rural and underserved areas, Ashok Bharucha, MD hopes to lend his considerable skills throughout Pennsylvania. The need for mental health services is ever more dire as the world struggles to contain the consequences of the COVID-19 pandemic. The skyrocketing rates of

depression, anxiety, and other forms of psychological distress are alarming and deserve urgent attention. Ashok Bharucha, MD offers in-person visits at the Bloomsburg, PA location on Sundays from 9:00 am to 5:00 pm, and telepsychiatry services throughout Pennsylvania from Mondays to Fridays 8:00 am to 7:00 pm. Special appointment times can also be accommodated based on need.

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The world breaks everyone and afterward many are strong at the broken places.”

Ernest Hemingway

An exceptionally well-trained and experienced clinician, Ashok Bharucha offers world-class care at this critical time. Listed as one of the best doctors in America, Dr. Bharucha fervently believes in taking the time to develop relationships that lead to healing. According to Ashok

Bharucha, “Collaborative dialogue focuses on clarification of problems, developing a shared understanding of the issues, fully educating the client about treatment options, and developing expectations for what may or may not be possible in treatment. While I am a strong advocate of



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talk therapy, evidence consistently points to best outcomes with a combination of some form of psychotherapy and medication treatments for most serious psychiatric conditions. I consider psychoeducation to be a critically important aspect of this dialogue. Providers often do not devote enough time with the client to educate them about the nature of their condition, its longitudinal course, risk factors for future relapses, and the pros/cons of various treatment options. An undue emphasis on medication management takes precedence over tackling the many areas of their clients' lives that are impinging on their condition but remain unaddressed due to limitations of time and resources."

About Ashok Bharucha, MD:

Dr. Bharucha is a graduate of the internationally renowned McLean Hospital of Harvard Medical School and possesses additional training in geriatric psychiatry from the University of Washington School of Medicine. With thirty years of academic, clinical, and research experience, Dr. Bharucha has been a sought-after clinician and mentor. He does not believe in the "drive through" model of care that currently predominates in the field.

Currently accepted insurances include traditional Medicare, Highmark Blue Shield products, and self-pay. Please check with your insurance carrier for my in-network status.

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