

## Keto Queen Kreations Offer Tasty Low-Carb Healthy Desserts & Breakfast Bake Mixes That Help People Avoid High-Carb Foods

*Keto Lifestyle Continues to Grow Because of its Health Benefits* 

BOCA RATON, FL, UNITED STATES, January 24, 2022 /EINPresswire.com/ --The Keto or low-carb lifestyle is still going strong.



Keto Queen Kreations low-carb desserts and bake mixes.

According to <u>Bolst Global</u>, "keto" was the number 1 food-related search

globally on Google with 25.4 million. Several studies, according to the website, "have linked the benefits of a ketogenic" lifestyle with various health problems.

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I realized there had to be other low-carb advocates like myself who wanted scrumptious desserts." Jordan Sanabria, founder of Keto Queen Kreations Since then, with the CAGR of 5.3 percent of expected continued annual growth, the popularity of Keto or low-carb products has stayed popular worldwide.

"I started my low-carb lifestyle several years ago before the Keto craze was in full swing," said Jordan Sanabria, who, three years ago, combined her love for cooking and baking with her keto lifestyle and founded <u>Keto Queen Kreations</u>. "That is when I realized I couldn't find tasty desserts and

breakfast, which is why I created my recipes."

Sanabria said she started Keto Queen after her family and friends loved her low-carb desserts.

"I realized there had to be other low-carb advocates like myself who wanted scrumptious desserts," Sanabria said. "Eventually, I quit my day job to concentrate solely on Keto Queen."

Sanabria's recipes first became popular on Etsy, which is when she opened Keto Queen's <u>Amazon</u> store.

"We have been growing ever since," she said.

Keto Queen Kreations include:

Artisan Bread Mix
Biscuits
Brownie Mix
Carrot Cake Mix
Chocolate Cake Mix
Chocolate Chip Cookies
Double Chocolate Chip Cookies
Cinnamon Coffee Cake Mix
Classic Homestyle Muffin Mix
Pancake Mix
Pound Cake Mix
Snickerdoodle Cookie Mix
Sugar Cookie Mix
Yellow Cake Mix

Keto Queen Kreations, which only uses organic ingredients, are nut-free, gluten-free, and sugar-free.

"We are popular because we created delicious bake mixes," Sanabria said. "We have grown because our customers understand the health benefits of avoiding high-carb foods."

For more information or to purchase, visit Amazon. Please follow Keto Queen Kreations on Instagram, Facebook, Pinterest, and YouTube.

Robert Grant InHealth Media email us here



Keto Queen offers low-carb desserts and breakfast bake mixes that are guilt free.



Keto Queen Kreations' low-carb desserts and bake mixes include delicious brownies.

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