

# Foresight Mental Health Expands Access to High-Quality, Insurance-Covered Mental Health Care with Tennessee Launch

*The new market opening in the Volunteer State will help people in need*

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[Foresight Mental Health](#), the groundbreaking organization that's transforming mental health care

throughout the United States, announces the opening of offices in Tennessee. Driven by their commitment to improve access to mental health care, co-founders Douglas Hapeman and Matthew Milford have expanded Foresight's reach into the state of Tennessee to help more people in need. Foresight leverages the latest technology to bring a new level of accuracy,



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*Douglas Hapeman*

efficiency, and affordability for its members, and offers a comprehensive array of services, including [psychiatry](#), neuropsychology, [Transcranial Magnetic Stimulation](#) (TMS), nutrition, therapy, and educational support. The Tennessee offices opened on January 31 for patients. To ensure the safety of all its members, Foresight also offers a TeleHealth option as recommended by local health officials.

Foresight Tennessee will open offices in the following

cities:

- Chattanooga
- Clarksville
- Franklin
- Knoxville
- Memphis
- Murfreesboro
- Nashville

At the intersection of health care and technology, a key differentiator of Foresight is their all-inclusive team of psychiatrists, therapists, neuropsychologists, nutritionists, software engineers,

data scientists, and researchers, all with the shared mission to revolutionize mental health care using modern technology. This cutting-edge approach enables Foresight's providers to deliver highly personalized, data-backed treatment plans for their members.

"We founded Foresight to increase access to mental health care for everyone, and this remains our organization's primary goal. We're thrilled to open offices throughout Tennessee to provide comprehensive mental health treatment for those in need," said co-founder Douglas Hapeman. Adds co-founder Matthew Milford, "We're focused on elevating both the patient and the provider experiences at Foresight. Our team is developing technology that helps us reimagine mental health care by leveraging data to empower providers to offer our members a higher level of care." Foresight's founders launched their innovative organization with a vision of integrating mental health care treatment with technology to make people happier and healthier.

Foresight is dedicated to reducing the stigma of mental illness. With their commitment to transform the quality of mental health care, the team at Foresight provides their members with evidence-based treatment, advanced technology, continuous monitoring, and caring providers who offer an inclusive, patient-first approach to care.

The Foresight Tennessee offices will provide patients throughout the state with the care they need. According to the Department of Mental Health & Substance Abuse Services in Tennessee, the suicide rate in Tennessee has increased by 24% since 2016. Moreover, almost one third of adults experience symptoms of depression on a weekly basis.

Reimagining mental health care treatment is Foresight's commitment to all Americans, one person at a time. For more information, contact Foresight today: (800) 515-8313 | [info@foresightmentalhealth.com](mailto:info@foresightmentalhealth.com) [www.foresightmentalhealth.com](http://www.foresightmentalhealth.com)

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About Foresight Mental Health

Foresight Mental Health is a national mental health and wellness organization with offices spanning the United States dedicated to reinventing mental health care using technology and data. With a network of hundreds of full-time therapists, psychiatrists, nurse practitioners, neuropsychologists, and nutritionists working in an integrative care delivery model, Foresight is able to treat tens-of-thousands of in-network health insurance plan members. Powered by the Foresight platform, providers are able to deliver care integrating next-generation digital health applications and tools to offer personalized, data-backed treatment plans for patients.

For additional information, visit [www.foresightmentalhealth.com](http://www.foresightmentalhealth.com)  
Instagram: <https://www.instagram.com/foresightmentalhealth/?hl=en>  
Facebook: <https://www.facebook.com/ForesightMentalHealth>  
LinkedIn: [linkedin.com/company/foresightmentalhealth](https://www.linkedin.com/company/foresightmentalhealth)

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