

Play the Fastest Growing Sport in America at The Houstonian Club

Pickleball is surging in popularity across the nation. The Houstonian Club is ready for the action with 10 courts lined for pickleball for its members to enjoy.

HOUSTON, TX, UNITED STATES, February 4, 2022 /EINPresswire.com/ -- [Pickleball](#), a racquet sport invented in the 1960s, has seen a considerable increase in popularity over the last two years. It grew more than 20% from 2019 to 2020, making it the fastest-growing sport in the United States. Played with a wiffleball, pickleball is a cross between tennis, badminton, and ping-pong. Houston's premier fitness facility, [The Houstonian Club](#), has also seen an increase in interest in the sport. Known for its racquet sports programming, The Houstonian Club offers ten lined courts for pickleball play, as well as private and group lessons.



Known for its racquet sports programming, The Houstonian Club offers ten lined courts for pickleball play, as well as private and group lessons.

“

Pickleball is very easy to pick up without any prior racket or paddle sports experience. People love it for the social aspect and ease of the body compared to tennis.”

Bobbie Phoumy, Pickleball Pro, at The Houstonian Club

"Pickleball is very easy to pick up without any prior racket or paddle sports experience," says Bobbie Phoumy, Pickleball Pro, at The Houstonian Club. "People love it for the social aspect and ease of the body compared to tennis. It's also affordable to get started and very beginner-friendly. Everyone is happy to share and be a part of the growth of this fun and addictive sport."

In keeping with their commitment to hiring the fitness community's best and most talented instructors, The Houstonian Club is proud to have Phoumy onboard as

their pickleball pro. Phoumy's list of awards and accolades is extensive, and she is a nationally recognized champion in the sport.

Phoumy offers advice to those new or those just starting with pickleball.

- Make contact with the ball with their paddle without rules or restrictions. Once they get better control of the ball through repeated contact with the weight and the bounce pattern, they're ready for the next step.

- There will be good and bad days, so don't get too caught up in making the perfect shots. Always make room for 'one more game.'

- Focus on getting the ball in the court and, more importantly, have fun.

The Houstonian Club offers complimentary pickleball open play for its members on Saturday mornings from 9 to 11 am. Tuesday night members can play with Bobbie Phoumy from 6 to 8 pm. Phoumy will also act as a 4th player in a doubles team to give tactics and support while playing 60 or 90 minutes (fee and reservation required). For more information about pickleball or lessons with Bobbie Phoumy, contact dphoumy@houstonian.com.

[Photos Available Here.](#)

###



Pickleball is surging in popularity across the nation, and The Houstonian Club is ready for the action with ten courts lined for pickleball for its members to enjoy.



The rules of pickleball are simple and the game is easy to learn for beginners, but can develop into a quick, fast-paced, competitive game for experienced players.

Located in the heart of Houston, The Houstonian Hotel, Club & Spa just celebrated its 40th anniversary in 2020. It is a Forbes Travel Guide Four-Star, urban retreat located adjacent to the city's iconic Memorial Park, and minutes from downtown, the Galleria, and Energy Corridor. The Houstonian is a member of Preferred Hotels and Resorts, and consistently provides guests with attentive and highly personalized service in an authentic manner. Guests at The Houstonian Hotel may relax and rejuvenate on a 27-acre oasis, with floor-to-ceiling wooded views in its newly renovated guest rooms, four onsite dining restaurants, and a classic hotel bar. The hotel has

33,890 square feet of Indoor Meeting Space and 87,349 square feet of Outdoor Meeting Space with a “Houstonian Experiences” menu for corporate and social groups, meetings, and celebrations. The 175,000 square-foot Houstonian Club offers state-of-the-art equipment, over 160 weekly group exercise classes, aquatic programs, an indoor tennis facility, a resort pool with a rockslide, sports lap pool, and a quiet garden pool. At 26,500 square feet, the new Trellis Spa at The Houstonian is now the largest luxury spa in the state of Texas. From the outside, it resembles a magnificent European Villa with statuesque architecture and luscious gardens. On the inside, soothing, nature-inspired hues complement a grand, light-filled reception and hallway, leading to all-new redesigned, sophisticated interiors where guests may enjoy hours of undisturbed relaxation. Trellis offers a new outdoor Soaking Pools and Garden experience with open-air cabanas, a scenic treetop dining room, renovated treatment rooms, indoor Reflection Pool, and tranquil lounging areas. Solaya Spa & Salon by The Houstonian opened in February 2020 in the prestigious Highland Village of River Oaks in Houston. The Houstonian also opened Sage ‘n’ Bloom Floral Studio at The Houstonian in July 2020, providing bespoke floral services for weddings and celebrations, client experiences, and corporate installations.

One of Houston’s historic gems, the property is known for its grace, comfort, and unparalleled guest experience.

<http://www.houstonian.com/the-club>

The Houstonian Hotel, Club & Spa / 111 North Post Oak Lane / Houston, Texas 77024

<https://www.facebook.com/HoustonianClub>

<https://www.instagram/houstonianclub/>

Gabi De la Rosa

The Houstonian Hotel Club & Spa

+1 832-202-9600

[email us here](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/562347920>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2022 IPD Group, Inc. All Right Reserved.