

Foresight Mental Health Expands Access to High-Quality, Insurance-Covered Mental Health Care with North Carolina Launch

The new market opening in the Tar Heel State will help people in need

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Foresight Mental Health, the groundbreaking organization that's transforming mental health care

throughout the United States, announces the opening of offices in North Carolina. Driven by their commitment to improve access to mental health care, co-founders Douglas Hapeman and Matthew Milford have expanded Foresight's reach into the state of North Carolina to help more people in need. Foresight leverages the latest technology to bring a new level of accuracy,



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efficiency, and affordability for its members, and offers a comprehensive array of services, including [psychiatry](#), neuropsychology, [Transcranial Magnetic Stimulation](#) (TMS), [therapy](#), nutrition, and educational support. The offices in Foresight North Carolina are now open. To ensure the safety of all its members, Foresight also offers a TeleHealth option as recommended by local health officials.

Foresight North Carolina has offices in the following cities:

- Chapel Hill
- Charlotte
- Durham
- Greensboro
- Greenville
- Raleigh

At the intersection of health care and technology, a key differentiator of Foresight is their all-inclusive team of psychiatrists, therapists, neuropsychologists, nutritionists, software engineers, data scientists, and researchers, all with the shared mission to revolutionize mental health care

using modern technology. This cutting-edge approach enables Foresight's providers to deliver highly personalized, data-backed treatment plans for their members.

Foresight's founders launched their innovative organization with a vision of integrating mental health care treatment with technology to make people happier and healthier. "We're pleased to open offices throughout North Carolina to provide comprehensive mental health treatment for those in need. We founded Foresight to increase access to mental health care for everyone, and this remains our organization's primary goal," said co-founder Matthew Milford. Adds co-founder Douglas Hapeman, "We're focused on elevating both the patient and the provider experiences at Foresight. Our team is developing technology that helps us reimagine mental health care by leveraging data to empower providers to offer our members a higher level of care."

Foresight is dedicated to reducing the stigma of mental illness. With their commitment to transform the quality of mental health care, the team at Foresight provides their members with evidence-based treatment, advanced technology, continuous monitoring, and caring providers who offer an inclusive, patient-first approach to care.

"At Foresight, we've helped countless patients with the use of our innovative technology, as well as the compassionate care we provide. We're honored to open the Foresight Arizona offices to provide greater access to care for North Carolinians in need," said Laura R. Friedeberg, LMFT, who serves as part of Foresight's clinical leadership. "It's more important than ever in our country that mental health care is provided those in North Carolina and for all Americans."

The sought-after office openings in North Carolina will be a great relief for North Carolinians. According to a recent study by the Substance Abuse and Mental Health Services Administration (SAMHSA) in the Behavioral Health Barometer, 4.9% of adults in North Carolina have serious mental illness and 4.5% have had serious thoughts of suicide. Moreover, per a study in Mental Health America, North Carolina is ranked 33 in the U.S. for providing access to mental health services.

Reimagining mental health care treatment is Foresight's commitment to all Americans, one person at a time. For more information, contact Foresight today: (800) 515-8313 | info@foresightmentalhealth.com www.foresightmentalhealth.com

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About Foresight Mental Health

Foresight Mental Health is a national mental health and wellness organization with offices spanning the United States dedicated to reinventing mental health care using technology and data. With a network of hundreds of full-time therapists, psychiatrists, nurse practitioners, neuropsychologists, and nutritionists working in an integrative care delivery model, Foresight is able to treat tens-of-thousands of in-network health insurance plan members. Powered by the Foresight platform, providers are able to deliver care integrating next-generation digital health

applications and tools to offer personalized, data-backed treatment plans for patients.

For additional information, visit www.foresightmentalhealth.com

Instagram: <https://www.instagram.com/foresightmentalhealth/?hl=en>

Facebook: <https://www.facebook.com/ForesightMentalHealth>

LinkedIn: [linkedin.com/company/foresightmentalhealth](https://www.linkedin.com/company/foresightmentalhealth)

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