

# New Highly Anticipated Book Promises Readers a Happier Life Using the Power of Words

FRESNO, CALIFORNIA, UNITED STATES, February 22, 2022 /EINPresswire.com/ -- Ignite Press announced the release of Happier Made Simple: Choose Your Words. Change Your Life., by voice actor and mental health advocate Randye Kaye.

The book is available on Amazon at <https://amzn.to/3L50nF5>

Are you tired of wasting your time and energy worrying about things and entertaining negative thoughts? Happier Made Simple will help you discover how to change the story you tell yourself and others, leading to deeper, richer relationships. Written with humor and great wisdom, Randye's book provides actionable ways to take control of finding your own happiness.



To celebrate the launch of the book, the Kindle version of the book will be on sale for 99 cents for a limited time.

Randye's whole professional life has been about words. Words studied, written, spoken, performed, taught, narrated, interpreted, communicated, and revised.

Her career has ranged from 25 years in radio (commercial and public) to stage (improv, plays, public speaking, singing), to the classroom (communications professor, drama teacher) to the recording booth (podcast host, voice talent, audiobook narrator). She is also the author of the acclaimed memoir Ben Behind His Voices: One Family's Journey from the Chaos of Schizophrenia to Hope, and lots of blog posts.

Randye presents keynotes and teaches seminars on customer service, stress reduction, presentation skills, communication, and media awareness.

She lives in Connecticut with her husband Geoff, very near her children and grandchildren, and too far from her extended family in the UK.

She's a member of SAG-AFTRA, Actors' Equity, The Authors Guild, the National Speakers Association, and Mensa.

Randye can be reached at: [randyekaye.com](http://randyekaye.com)

Visit Amazon at <https://amzn.to/3L50nF5> to purchase the book and to learn more!

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