

Remembrance of Meals Past By: Anita Legsdin

Comfort Foods and Recollection of Memorable Stories

TUCSON, ARIZONA, UNITED STATES, March 4, 2022 /EINPresswire.com/ -- For the home-cook and author Anita Legsdin, nothing bonds people heartily like food. That is why Legsdin collected stories involving food and memories associated with several dishes through her book *Remembrance of Meals Past*. This book is a collection of stories centered on food and memories associated with various dishes. Do you have particular likes and dislikes of food, based on experience? Then you will be able to sympathize with the characters in these stories. Recipes included.

Remembrance of Meals Past is how it enables every story to feature a particular food. Cheesecake,

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“I hold in my hand my mother’s little black book of favorite recipes, looking for inspiration. The book is a collection of successful dishes that, from experience, she learned everyone loved.”

Anita Legsdin

paella, sautéed boletus, pasta, piragi, and lamb are some of the best dishes that played parts in every tale. The showing of Latvian culture is also a great way of connecting to readers because the author did not directly tell her patrons about her heritage but she showed them some aspects of it instead. The readers will have fun reading every story because their imagination will not only focus on the activities of the characters. But also on the rich food and culture mentioned.

Anita Legsdin learned to cook from her mother, who

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learned to cook from her mother. The mother went to cooking school in France and became a professional chef. Of Latvian ancestry, she was raised on Eastern European dishes such as sauerkraut and sausages. According to Legsdin, "the stories in this collection, with a few exceptions, are all based on events from my life." Names have changed, and fictional events added to conceal and protect identities. Hence, this book has its unique and heartwarming way of connecting to the readers because most of the dishes and events mentioned in the tales can also be found or happen in real life." — Readers Magnet Book Review.

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Written by: Anita Legsdin

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