

# Hope and Healing for the Heart: Faith-based Readings to Encourage and Uplift Your Spirit

*God: Our Provider, Our Friend, Our Faith, and Our Almighty*

TUCSON, CALIFORNIA, UNITED STATES, March 4, 2022 /EINPresswire.com/ -- Do you ever find yourself in a situation that leaves you feeling completely helpless? Life can be hard at times, and we all need a little hope and encouragement for the various circumstances that we encounter. Whether it be a loss of some kind, physical or emotional pain, or just the day-to-day struggles that come our way, it is always good to know there is hope. It is what Candee Armbruster wants to part with, by publishing his book titled [Hope and Healing](#) for the Heart: Faith-based Readings to Encourage and Uplift your Spirit! A wholesome and inspiring book that can be read daily like a devotional or topics that are randomly selected for whatever is needed in one's heart and encouragement to the readers.



“

This is the day that the Lord has made. Let us rejoice and be glad about it.”

*Psalms 118:24*

In *Hope and Healing for the Heart*, Armbruster shares what God has shown her regarding various circumstances that life may bring, with the hope of helping and encouraging others who may be struggling or who need a little dose of inspiration. With several topics-like worry, fear, prayer,

forgiveness, insecurity, and countless others. Armbruster shares what she has learned over the years about God's faithfulness and presence in our lives. As we draw near to Him, exercise our faith, and hold on to the hope He brings, there is healing for our hearts!

Candee Armbruster is a woman who loves to write and spend her hours putting down on paper what God has put in her heart. She loves encouraging others with some of the things she has encountered, which is why this book came to be. She has worked as an instructional assistant in her local school system for twenty years and is taking early retirement to pursue another path God may have for her.

Hope and Healing for the Heart: Faith-based Readings to Encourage and Uplift your Spirit!

Written by: Candee Armbruster

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Dana Reyes

Authors Press

+1 925-255-0098

info@authorspress.com

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