

LiquidPlanner Reports Spike in Corporate America Burnout

SEATTLE, WASHINGTON, USA, April 14, 2022 /EINPresswire.com/ -- The last two years have required a lot from employees. [LiquidPlanner](#), a Seattle-based project management company, is taking a deep dive into employee burnout in corporate America as workforces emerge from and adapt to new norms from the pandemic.



LiquidPlanner reports that today, 58% of American workers report burnout, up from 45% in the early days of the pandemic. According to their findings, there are six main ways to avoid burnout: learn to say no, estimate time, prioritize projects, delegate work, take breaks, and use resource management software.

To access the full article and report, [click here](#).

ABOUT LIQUIDPLANNER: LiquidPlanner is a transformative project management solution that uses predictive scheduling to dynamically adapt to change and manage uncertainty. It helps teams prioritize, predict, and perform with confidence.

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