

# SuryaFest Music, Health and Wellness Festival Premiers April 22nd-24th in Hudson, Florida

70's Rock Band Starship featuring Mickey Thomas and All-4-One Highlight Festival Concerts

TAMPA, FLORIDA, UNITED STATES, April 17, 2022 /EINPresswire.com/ -- SuryaFest, a music, health, and wellness festival (suryafest.com) is making its inaugural Florida debut at SunWest Park in Hudson, Florida on April 22 – 24, 2022. The festival features live weekend concerts by acclaimed 70's band Starship featuring Mickey Thomas ("We Built This City," "Sara," "Jane" and "Nothing's Gonna Stop Us Now") and American male R&B/Pop group All-4-One ("I Swear." and "I Can Love You Like That.").

Popular regional bands, The Black Honkeys, The Bearded Brothers Band, 22N, Steel Rose Band, Root Sea, and

the Hudson High School Jazz Band, will also be playing the 3-day SuryaFest event.



In addition to the extraordinary live music aspect of the festival, SuryaFest features dozens of exhibitors, free health screenings, workshops, demonstrations, free fitness classes, yoga, beer &

activities.

"

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> Barrett LaRoda, Festival Founder

wine garden, smartphone Recharge Zone, Food Truck Village serving a variety international cuisine, and a Kids Fit/Fun Zone.

acclaimed bands and popular regional acts. The

music along with health, wellness, and fitness

festival attracts people of all ages interested in live

Barrett LaRoda is the brainchild behind SuryaFest, "What we've created is more than just a festival, it is an experience. At most music festivals, you eat, drink and listen to music, but at SuryaFest, you can actively engage in

free health, wellness, and fitness activities and have this experience with others who have similar interests," LaRoda said.

Garnet Morris is the festival's Director of Operations. "We are excited to bring our unique festival to beautiful Pasco County, the Hudson community and its surrounding areas. Having the festival at SunWest Park gives us a perfect area by the water for the many fun activities that go on at SuryaFest," Morris said.

"Surya" is the name of the main sun God in Hindu. The term Surya also refers to the sun in general. The mission of SuryaFest is to raise awareness of the importance of healthy living, at all ages.

SuryaFest opens on Friday, April 22 at 4 pm.

# Festival hours are:

·∃riday, April 22: □ 4:00 pm – 10:00 pm

·Baturday, April 23: Boon – 10:00 pm

·Bunday, April 24: noon - 8:00 pm

# **FESTIVAL DETAILS**

Dates: April 22, 23 and 24, 2022

Location: BunWest Park in Hudson, Florida

Address: 17362 Old Dixie Highway, Hudson, FL 34667

Features: Dive concerts by national and regional bands, more than 100 exhibitors, food trucks,

health and wellness activities

Cost: \$35 Weekend pass for all days; \$25 one-day ticket, FREE for Kids 12 and under for all 3

days.

Tickets: On Eventbrite - SuryaFest.eventbrite.com and on Festival Website - SuryaFest.com

Once the preserve of small specialist events or an afterthought at music festivals, the health and wellness sector has enjoyed a surge in popularity to the extent that its dedicated events and festivals have grown in number and size. Now a prominent feature on the annual festival scene, they are likely to continue growing in popularity. SuryaFest will add to the popular music, health, and wellness festivals nationwide to the delight of festival-goers.

For more festival information please visit: SuryaFest.com

## FOR FURTHER INFORMATION:

Festival Media Inquiries and Follow-up Thomas Wiseman PR911 Business Communications 813-793-4900 thomas@PR911communications.com

## PR911communications.com

Operations and Media: Garnet Morris SuryaFest Operations Director 646-229-8055 info@suryafest.com

Thomas Wiseman
PR911 Business Communications
8137934900 ext.
thomas@pr911communications.com

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