

2022 Los Angeles Times Festival of Books presents Recipes Change: A Culinary Journey Through 5 Generations

Five Generations of Culinary Recipes — Food Journey Development of a Sicilian Family

LOS ANGELES, CALIFORNIA, UNITED STATES, April 19, 2022 /EINPresswire.com/ -- Author Michael Sabella will be one of the featured authors at the upcoming Los Angeles Festival of Books 2022

“

Everyone would sit around and drink wine, eat, and discuss life. When Luciano was six, Nanu gave him a glass half-filled with wine and water. He felt like an adult!”

Excerpt from Recipes Change

with his published book titled Recipes Change: A Culinary Journey Through 5 Generations. It is a culinary recipe book that was handed down from generation to generation. It is about five generations of a Sicilian family through over one hundred years of cooking at heart, truth, and fun. Their story begins as fishermen in Sciacca, Sicily, during a turmoil. Luciano and his brothers took the twelve-dollar journey in the unsanitary steerage class aboard the Iniziativa, which left Naples in January 1890 and was headed toward New York

“Fantastic recipes with a fun read bonus. Relatable sweet and heartwarming stories. This accomplished Chef knows his stuff TO BE SURE. I’m so excited to have this collection and would buy future publications of his. This would make a wonderful gift.”

— Jynel Sawyer, Amazon Customer Review

Michael Sabella is a fourth-generation San Franciscan restaurateur who started peeling prawns at his family restaurant when he was eight. It is a Sicilian family’s history of family recipes.

Recipes Change: A culinary journey through 5 generations

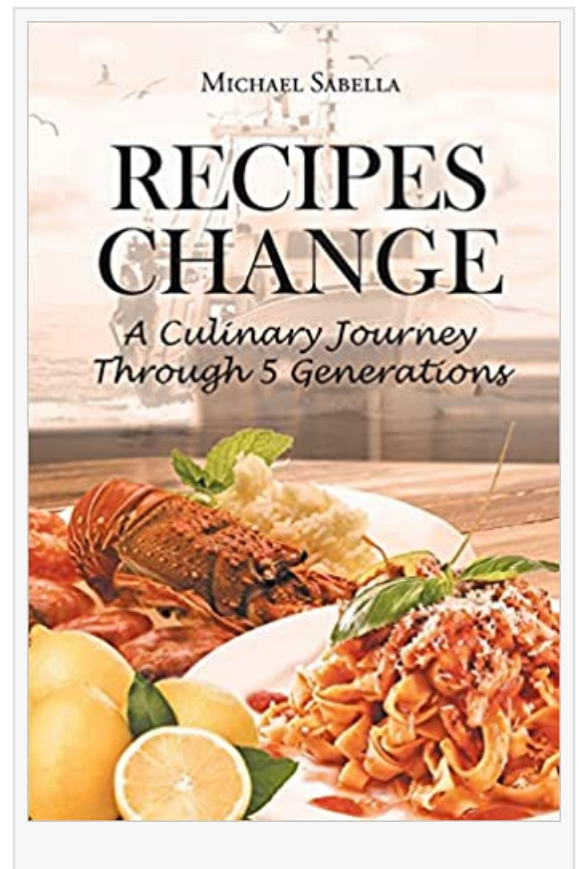
Written by: Michael Sabella

Kindle |

Paperback |

Book copies are available on Amazon, Barnes & Noble, and other online book resellers.

Dana Reyes
Authors Press
+1 925-255-0098
info@authorspress.com
Visit us on social media:
[Facebook](#)
[Twitter](#)
[Other](#)



This press release can be viewed online at: <https://www.einpresswire.com/article/569078467>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2022 IPD Group, Inc. All Right Reserved.