

REDEFINING THE MIND AS THE BRAIN AND MIND IS THE KEY TO CREATING A WISE WORLD. IT WILL OPEN THE DOOR TO BRAIN EDUCATION

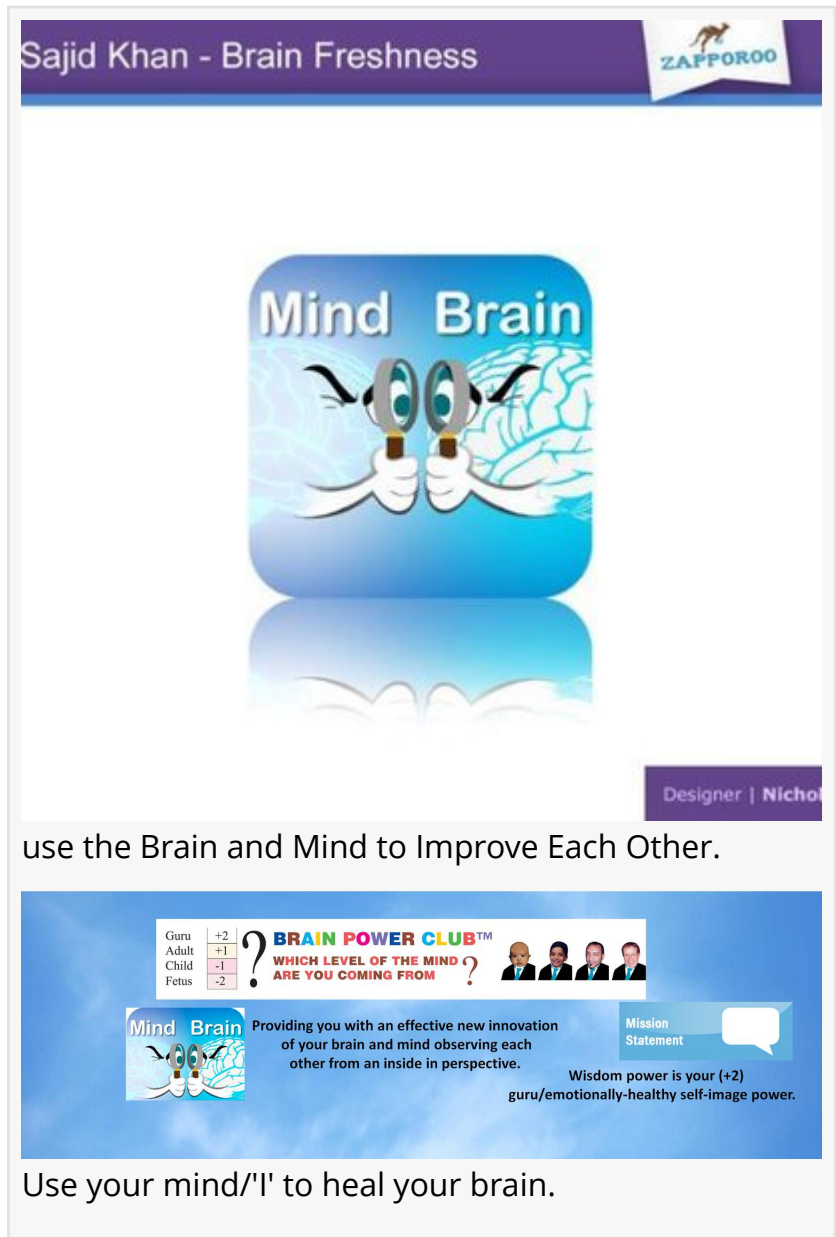
"Know the truth, and it will make you free." We do not know the truth about the mind, and as long as we do not know the truth, we cannot be free.

WASHINGTON, DC, UNITED STATES, April 28, 2022 /EINPresswire.com/ -- "Know the truth, and it will make you free." How does the word '[mind](#)' make humanity free when we do not even know what the mind is, and we continue to misdefine it. We do not know the truth about the mind, and as long as we do not know the truth, we cannot be free.

Optimizing consciousness is optimizing the mind. How does one optimize the mind when the mind is trapped in ignorance?

Our minds are powered by ignorance, and as a result, our social standards are based on the foundation of ignorance. As a result, every aspect of life is broken, not just freedom. This one simple ignorance about the mind adversely affects all sections of life.

This ignorance's biggest damage is that over half of America struggles to make ends meet. As a result, instead of getting richer by collecting income tax, the government has to lay out money to help pay bills. This ignorance is



Sajid Khan - Brain Freshness

ZAPPROO

Mind Brain

Designer | Nichol

use the Brain and Mind to Improve Each Other.

Guru	+2
Adult	+1
Child	-1
Fetus	-2

BRAIN POWER CLUB™
WHICH LEVEL OF THE MIND ARE YOU COMING FROM?

Mind Brain

Providing you with an effective new innovation of your brain and mind observing each other from an inside in perspective.

Mission Statement

Wisdom power is your (+2) guru/emotionally-healthy self-image power.

Use your mind/'I' to heal your brain.

hampering the government's liquidity. As a result, inflation will worsen, and trillions of dollars will continue to vanish into thin air as the dollar continues to weaken.

President Biden, Governor Murphy, and Senator Booker are authentic leaders, and their greatest quality is respecting individuals, cultures, nationalities, religions, etc. It is partly because it is just lip service and does not cost anything. I am pleading with them that if they change the human mind's definition, it will hardly cost them anything, and it will put mankind on the path to freedom from ignorance and all its negative consequences.

These leaders are the best, yet they are not good enough; there is room for improvement.

<https://www.einpresswire.com/article/570137089/to-create-a-thriving-world-change-the-definition-of-the-mind-define-the-mind-as-separate-entities-of-the-mind-brain>

Education in its present state has remained the same old mind education that creates professional expertise.

“

CREATE THE EMOTIONAL HEALTH MASTER PLAN BY CORRECTLY DEFINING THE MIND. CREATE EMOTIONAL HEALTH THROUGH BRAIN EDUCATION. CREATE A BRAIN EDUCATION INDUSTRY. CREATE A SUPER HEALTHY WORLD.”

Sajid Khan

Brain education, which creates [emotional health](#), is a separate subject that is ignored, and the brain is miseducated. No wonder all efforts to teach well-being and emotional intelligence remain unsuccessful. As a result, social ills, which are emotionally challenged, are not only as bad as ever social standards are declining.

The aim of well-being through emotional intelligence is necessary, but achieving well-being and emotional intelligence is bogged down in ignorance. It is all about optimizing the mind. So the focus is on mind education. The mind itself is a fragrance or stink and mostly a

combination of the two of the brain. To create and improve the fragrance, the plant has to be nurtured. To optimize the mind, the brain has to be optimized. Yet brain optimization is missing.



You Can Become Wise Now.

It is amazing how our experts in philosophy and psychology live with the fact that the mind is still an unknown quantity. This ignorance is so bad that there is no topic on the mind in most psychology books.

We fail to identify the true nature of mental illness. Emotional health is diagnosed as mental health. So mental health cures are used to heal emotional illnesses. It is any wonder that mental health is such a big mess.

America needs an Emotional Health Industry as our so-called normal society is sub-normal.

The mental health crisis in itself is in a bad state. It is made worse as the more prevalent emotional health crisis remains confused as the mental health crisis and thus remains primarily misaddressed. Our experts and leaders trying to fix the emotional health crisis with mental health cures will change nothing.

Drug addiction, crime, corruption, divorce, prejudice, discrimination, abuse, bankruptcy, education and healthcare mess, and all the other ills of society are emotionally challenged behavior that stems from emotionally challenged brains. But our leaders have no plans for brain therapy and brain education!

Imagine the difference if we established the first Brain Education department and the first Brain Hospital, an Emotional Health Hospital.

From Biden to Bloomberg, even our leaders have little clue how to relax their brains. What America needs is Deep Brain Relaxation.

Unfortunately, our experts are too busy addressing the symptoms of emotionally challenged brains. It is like managing and controlling the heat and smoke while letting the fire rage on.

Here is my Wisdom 3.0 formula. <https://medium.com/@sajidalikhan2/wisdom-3-0-b6e03324e64a>

Here is my ebook: https://drive.google.com/file/d/13j3_nw7DrB4ho-Jwlq7cO1OtUvO_Jmyw/view?usp=sharing

Here is my Emotional Health Magazine: https://drive.google.com/file/d/13j3_nw7DrB4ho-Jwlq7cO1OtUvO_Jmyw/view?usp=sharing

Here is my dream: https://www.einnews.com/pr_news/533862588/my-new-year-wish-is-to-push-the-hidden-elephant-in-the-room-emotional-health-into-full-daylight-before-biden-harris

<https://www.einpresswire.com/article/562414627/4th-r-foundation-is-honored-to-announce-the-founding-of-the-wisdom-innovation-center-wic-franchise-for-all-nations>

<https://www.einpresswire.com/article/525908495/finally-a-team-of-nobel-prize-winners-are-saying-and-asking-for-action-what-i-have-been-saying-and-asking-for-50-years>

All I am asking is that they either prove me wrong, show me a better plan or implement my ideas.

Sajid Khan,
4th R Foundation
+1 201-450-8098
[email us here](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/570283442>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2022 IPD Group, Inc. All Right Reserved.