

Listen First – Parenting Styles Impact Children's Lives says UNODC

UNODC's 'Listen First', supports parents with science-based yet fun and engaging information during the COVID pandemic and beyond.

VIENNA, AUSTRIA, May 31, 2022 /EINPresswire.com/ -- On June 1st, the United Nations celebrates Global Day of Parents, raising awareness of the importance of parenthood, its role in providing protection, and the tools needed for children's positive development.

Research confirms a link between parenting style and children's behavior, educational results, and mental and physical health, says Ms. Giovanna Campello, Chief at the United Nations Office on Drugs and Crime (UNODC) Prevention, Treatment and Rehabilitation Section. In light of this, the UNODC launched the '[Listen First](#)' initiative to provide parents, caregivers, and those working with them

“

Research confirms a link between parenting style and children's behavior, educational results, and mental and physical health.”
Ms. Giovanna Campello, Chief UNODC Prevention, Treatment & Rehabilitation

mother of Michael (11) & Hector (5)



Active listening is crucial to children's development

with science-based yet fun and engaging information during the COVID pandemic and beyond. The initiative has been launched in countries worldwide and endorsed by experts and parents alike.

“Being a parent is complex. You always want to see your children do well, and above all that they are happy. The problems arise when they reach an age where they want to experiment without considering our opinions. ‘Listen First’ is helpful to us. We show our children the videos whenever a complex situation arises,” says [Ana Lidia Ndong Bula](#),

According to scientists, parents who are loving, involved, and encourage their children to become independent while setting clear boundaries and rules are the most successful. A lack of parental involvement, structure and limit setting, and inappropriate discipline practices make children more vulnerable to mental health disorders, including substance abuse. An overly protective controlling parenting can also be problematic, as it is associated with aggression, anxiety, depression, and other mental health issues. A punitive parental style where parents strictly enforce rules without warmth and support is also not effective. Not surprisingly, children subjected to violence or neglect also become vulnerable to behavioral problems, including substance abuse.

Parental Involvement


Parental involvement is widely regarded as an essential factor in children's health and well-being, including academic achievement. Children whose parents are positively and supportively engaged in their education (for example, being interested in their homework and participating in school events) have lower drop-out rates and do better in school, regardless of their family's socio-economic background.

Parental involvement is also linked to less alcohol and drug consumption, and less risk of depression and other mental health issues. The positive effects of parental involvement during childhood have long-lasting economic, social, and health benefits that last throughout adulthood.

To learn more visit www.unodc.org/listenfirst


For more information contact

Jenny Roston Lundstrom
UNODC



Listen FIRST Now more than ever
Listening to children and youth
is the first step to help them
grow healthy and safe

'Listen First' is an initiative to increase support for prevention of drug use that is based on science.



Parental involvement is linked to less alcohol and drug consumption.

+34 632 74 23 56

[email us here](#)

Visit us on social media:

[Facebook](#)

[Twitter](#)

[LinkedIn](#)

[Other](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/573977661>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2022 Newsmatics Inc. All Right Reserved.