

Pennsylvania and Ohio Celebrate June as Men's Health Month

Men's Health Month Focuses on health disparities affecting men and boys year-round.

PENNSYLVANIA, UNITED STATES , June 3, 2022 /EINPresswire.com/ -- Pennsylvania and Ohio – The cities of Altoona, Harrisburg, Youngstown, Canton, Cleveland, and Akron have issued Men's Health Month proclamations (June) celebrating men's health and fatherhood year-round, helping educate men, boys, and their families about disease prevention, timely screenings, healthy lifestyles, and positive family relationships.

Mayor Matthew Pacifico, Mayor Wanda R.D. Williams, Mayor Jamael Tito Brown, Mayor Thomas M. Bernabei, Mayor Justin M. Bibb, and Mayor Dan Horrigan's proclamations can be found [here](#).



Raising awareness of the need for men and boys to live healthy lifestyles is critical to their wellbeing, even more so with COVID still impacting families and everyday lifestyles. The life expectancy for men is five years less than women (1), and men also have higher rates of death from cancer, diabetes, and heart disease (2). Moreover, the Centers for Disease Control and Prevention (CDC) reports women are 100% more likely to visit their doctor for annual exams and preventative services than men (3).

Report cards on the status of male health in each state can be found at the [MensHealthReportCard.com](#) Proclamations from cities and states be found at [www.MensHealthMonth.com](#)

"We are grateful to participate in Men's Health Month," said Mayor Jamael Tito Brown. "The health of our community is very important to me. The health of all men impacts us all."

“When you have the type of family I have – five kids, 18 grandkids, and now 16 great grandkids! – focusing on healthy habits is of the utmost importance in keeping our crew strong. If my family can start a healthy lifestyle early on, so can everyone in the City of Harrisburg. I’m proud to proclaim June as Men’s Health Month across Harrisburg. We want to raise strong families in the capital city, and to do so, we need our sons, fathers, and grandfathers healthy. Let’s focus together on getting daily exercise, regular checkups at the doctor, and early detection efforts,” states Mayor Wanda R.D. Williams.

“Akron is proud to support Men’s Health Network in their efforts to bring awareness to critical issues such as disease prevention and timely screenings,” said Akron Mayor Dan Horrigan. “Men’s Health Month is a

great time to get educated about common health issues that are specific to men as well as the importance of regular doctor’s visits. I encourage the men in Akron and throughout Ohio to set some health goals this month and to talk to their doctors about making those goals a reality.”

“

Men don’t always take their health too seriously because they feel good and they are fine. This is a big factor for men dying younger and living less healthy lives.”

*Ana Fadich-Tomsic, VP of
Men’s Health Network*

“We applaud officials in their states for helping raise awareness of the health issues facing men and their families by recognizing this year’s men’s health awareness period,” said Ana Fadich, MPH, CHES, Vice President, Men’s Health Network. “Communities around the globe continue to promote the health and well-being of men and boys throughout the month of June. We hope this year’s awareness period will help men and their families be more mindful of their health starting with a doctor’s appointment.”

Across the country, hundreds of health care professionals, private corporations, faith-based organizations, community groups, government agencies, and other interested organizations help plan activities and events that focus on men’s health during June, and throughout the year.

June 17, the Friday before Father’s Day, is [Wear Blue Day](#). People all over the world take pictures of themselves and others wearing blue to increase awareness of men’s health and post photos



International Men's Health Week

on social media with the #ShowUsYourBlue hashtag. Also, make sure you #WearBlueForMen and don't forget to tag Men's Health Network on social media.

For ideas and free resources in both English and Spanish, visit www.MensHealthMonth.org

Men's Health Month grew out of National Men's Health Week, which was enacted by Congress. The legislation was sponsored by Senator Bob Dole and Congressman Bill Richardson and was signed into law by President Bill Clinton on May 31, 1994.

Men's Health Month and Men's Health Week are organized by Men's Health Network (MHN), an international non-profit organization whose mission is to reach men, boys, and their families where they live, work, play, and pray with health prevention messages and tools, screening programs, educational materials, advocacy opportunities, and patient navigation. Learn more about MHN at www.menshealthnetwork.org and follow them on Twitter @MensHlthNetwork and Facebook at www.facebook.com/menshealthnetwork. For more information on MHN's ongoing Dialogue on Men's Health series, visit www.dialogueonmenshealth.com

References:

(1)

<https://www.menshealthnetwork.org/library/mortalitysexrace.pdf>

(2)

<https://www.menshealthnetwork.org/library/causesofdeath.pdf>

(3) <https://www.menshealthnetwork.org/library/MvWhealthuse072501CDC.pdf>

**Don't Forget to
*Wear Blue***

**Friday
June 17**

#ShowUsYourBlue



Wear Blue for Men Puppy June 17

**¡No te olvides
de vestir de azul!**

viernes, el 17 de junio

**#ShowUsYourBlue
@MensHealthMonth
@MensHlthNetwork**



Wear Blue for Men's Health Puppy June 17 Spanish

###

David Zou

Men's Health Network

+1 202-543-6461

[email us here](#)

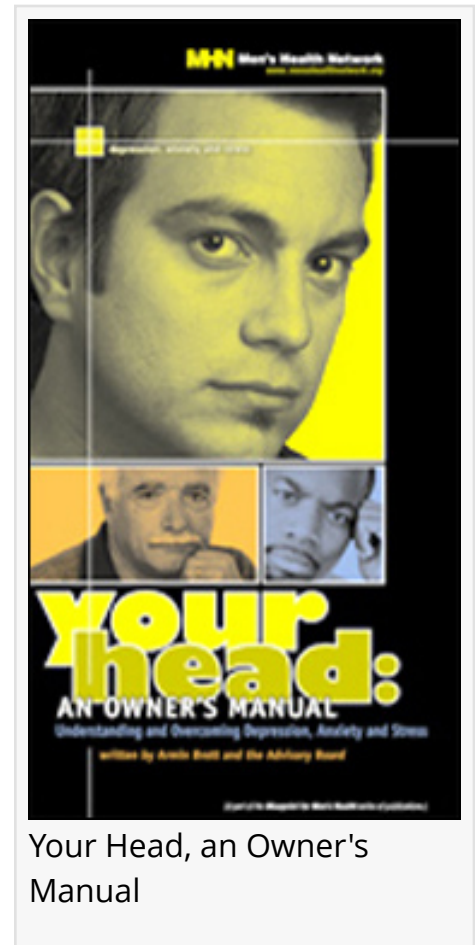
Visit us on social media:

[Facebook](#)

[Twitter](#)

[LinkedIn](#)

[Other](#)



This press release can be viewed online at: <https://www.einpresswire.com/article/575098210>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2022 Newsmatics Inc. All Right Reserved.