

# The Cozy Bath - book published by Carrie Scharf.

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Everyone loves to feel good and be relaxed and cozy, right? Taking a bath is a step in the right direction. Learn how and why baths are cozy and how you can make them even more cozy. [This book](#) will tell you about bathing, plants, flowers, herbs, and many other ingredients for a relaxing bath. At the end there are many recipes from bath salts to hair rinses.

Carrie Scharf has a skincare business and is the author of [Herbal Infused Skincare](#): How to use herbs and flowers for glowing skin. Carrie's experience making skincare and experimenting with ingredients inspired her to write her books. Carrie has an associate in arts degree from Mayland Community College and a BS from the University of North Carolina at Asheville. Carrie lives and works out of her home in West Virginia. She homeschools her two boys and plays clarinet with the Charleston Metro Band.



The Cozy Bath Cover



"I have the e-book and it's so beautifully done. Plus, there's awesome recipes that are sensitive skin friendly! I highly recommend this book!" "

*Kim Campbell, Author*

Carrie Scharf

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