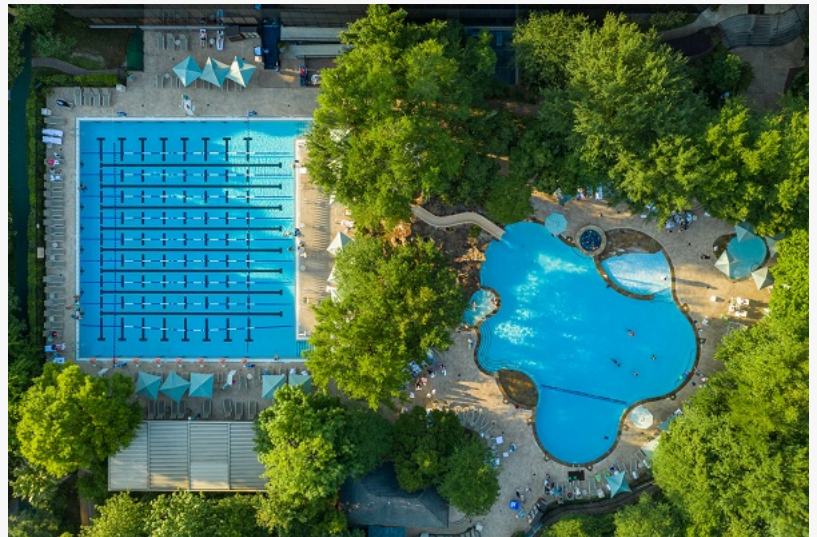


Splash into Summer with These Five Essential Pool Safety Tips from The Houstonian Club

The aquatics team at The Houstonian Club offers five easy tips to prevent drowning during summer playtime at the pool.

HOUSTON, TX, UNITED STATES, June 15, 2022 /EINPresswire.com/ -- Pools are one of the biggest attractions during the summer. Turquoise water, fun toys, and a break from the heat are especially inviting to younger children. However, in the time it takes to type a text or grab a cold drink, kids can slip away from even the most vigilant adult. At [The Houstonian Club](#), staying safe is the number one priority for the [aquatics team](#), who keeps swimmers of all ages out of harm's way.



A visit to the pool promises endless summer fun, but it also comes with the responsibility to keep children safe. The aquatics team at The Houstonian Club offers five easy tips to prevent drowning.

"Parents must be aware of the risks to their children around pools and take the proper precautions. Even if lifeguards are on duty, it only takes a minute for something bad to happen,"

“

Parents must be aware of the risks to their children around pools and take the proper precautions. Even if lifeguards are on duty, it only takes a minute for something bad to happen.”

Erica Meyer, Aquatics Director

says Aquatics Director, Erica Meyer. "If a child takes swim lessons or seems comfortable around water, adults must still assume they need constant supervision."

Meyer offers the following tips to ensure a fun and safe time at the pool.

Always have a water watcher

The job of a water watcher is to keep a constant eye on children playing in or near water, even if they know how to swim and there are lifeguards present. It is also essential to understand what a child in trouble looks like. Rarely do

they splash and yell like in the movies. They are commonly silent and vertical with their head

tipped back.

Consider swim lessons

The American Academy of Pediatrics recommends swim lessons as a great life skill and as another layer of protection against drowning.

Never rely on water wings, floaties, inner tubes or noodles

These fun toys are great for recreational use, but they don't take the place of adult supervision even in the shallow end of the pool.

Keep free of distractions like cell phones, socializing and alcohol. Maintaining situational awareness is vital near any body of water. Children can slip into the water and drown in seconds – the time it takes to answer a call or post a picture to Instagram.

Swim in designated areas supervised by lifeguards and never leave a child unattended by water

Kids are fast and curious, so it might be tempting to sneak away to a quiet part of the pool. However, it is always better to have more than one pair of eyes on a child.

In addition to having trained lifeguards on duty, The Houstonian Club assesses each child's swimming ability before Splash Camps and special events using inflatable water sports products like the WiBit. The aquatics team also urges parents to assess their child's swim level to ensure they haven't regressed too much. "It is common for children to experience swimming regression after several months out of the water," says Swim Program Coordinator, Kaitlyn Sowell. "The statistic is for every month out of the water, it takes the child one week to regain those skills. If you are comfortable with basic swimming techniques, go through a 10 to 20-minute refresher with your child in the water. If you are not comfortable, we recommend setting up one or two private lessons to make sure they start the season off right."

Sowell reminds parents, "the lifeguards will always be around to enforce the rules when needed, but it will be more effective if the lifeguards are your backup in enforcing pool safety." Although it might not be a pleasant conversation, Sowell encourages parents to talk with their children about pool safety before entering the water. Children are more likely to follow the rules if given the reasons behind them.



In addition to having trained lifeguards on duty, The Houstonian Club assesses each child's swimming ability before Splash Camps and special events using inflatable water sports products like the WiBit.

#

Located in the heart of Houston, The Houstonian Hotel, Club & Spa is a Forbes Travel Guide Four-Star, secluded retreat located adjacent to the city's iconic Memorial Park, and minutes from downtown, the Galleria, and Energy Corridor. The Houstonian is a member of Preferred Hotels and Resorts, and consistently provides guests with attentive and highly personalized service in an authentic manner. Guests at The Houstonian Hotel may relax and rejuvenate on a 27-acre oasis, with floor-to-ceiling wooded views in its newly renovated guest rooms, four onsite dining

restaurants, and a classic hotel bar. The hotel has 33,890 square feet of Indoor Meeting Space and 87,349 square feet of Outdoor Meeting Space with a "Houstonian Experiences" menu for corporate and social groups, meetings, and celebrations. The 175,000 square-foot Houstonian Club offers state-of-the-art equipment, over 180 weekly group exercise classes, aquatic programs, an indoor tennis facility, a resort pool with a rockslide, sports lap pool, and a quiet garden pool. At 26,500 square feet, the new Trellis Spa at The Houstonian is now the largest luxury spa in the state of Texas. From the outside, it resembles a magnificent European Villa with statuesque architecture and luscious gardens. On the inside, soothing, nature-inspired hues complement a grand, light-filled reception and hallway, leading to all-new redesigned, sophisticated interiors where guests may enjoy hours of undisturbed relaxation. Trellis offers a new outdoor Soaking Pools and Garden experience with open-air cabanas, a scenic treetop dining room, renovated treatment rooms, indoor Reflection Pool, and tranquil lounging areas. Solaya Spa & Salon by The Houstonian is in the prestigious Highland Village of River Oaks in Houston. The Houstonian also includes Sage 'n' Bloom Floral Studio at The Houstonian, providing bespoke floral services for weddings and celebrations, client experiences, and corporate installations.

One of Houston's historic gems, the property is known for its grace, comfort, and unparalleled guest experience.



The aquatics team at The Houstonian Club encourages parents to talk with their children about pool safety before entering the water. Children are more likely to follow the rules if given the reasons behind them.

<http://www.houstonian.com/the-club>

The Houstonian Hotel, Club & Spa / 111 North Post Oak Lane / Houston, Texas 77024

<https://www.facebook.com/HoustonianClub>

<https://www.instagram/houstonianclub/>

Gabi De la Rosa

The Houstonian Hotel Club & Spa

+1 832-202-9600

[email us here](#)

Visit us on social media:

[Facebook](#)

[Twitter](#)

[Other](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/576929909>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2022 Newsmatics Inc. All Right Reserved.